

































## Kingston, NY - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:46	3.6	5:20	3.2	11:33	0.3	11:35	0.2	6:30	5:46	
2	Fri	5:38	3.6	6:17	3.1			12:44	0.5	6:28	5:47	
3	Sat	6:35	3.6	7:20	3.0	12:36	0.3	2:08	0.4	6:27	5:48	
4	Sun	7:41	3.7	8:33	3.0	1:59	0.3	3:19	0.3	6:25	5:49	
5	Mon	8:57	3.8	9:50	3.2	3:17	0.2	4:21	0.0	6:23	5:50	
6	Tue	10:14	4.0	10:55	3.6	4:23	-0.1	5:17	-0.3	6:22	5:52	
7	Wed	11:17	4.3	11:51	3.9	5:23	-0.4	6:10	-0.6	6:20	5:53	
8	Thu			12:11	4.5	6:19	-0.6	7:01	-0.8	6:18	5:54	
9	Fri	12:42	4.2	1:01	4.6	7:14	-0.8	7:50	-1.0	6:17	5:55	
10	Sat	1:31	4.4	1:50	4.5	8:06	-0.9	8:37	-1.0	6:15	5:56	
11	Sun	2:20	4.5	2:40	4.4	8:55	-0.9	9:21	-0.9	6:13	5:57	
12	Mon	3:10	4.4	3:31	4.1	9:43	-0.7	10:05	-0.7	6:12	5:59	
13	Tue	4:00	4.2	4:24	3.8	10:30	-0.5	10:49	-0.3	6:10	6:00	
14	Wed	4:52	4.0	5:17	3.5	11:21	-0.1	11:37	0.1	6:08	6:01	
15	Thu	5:43	3.8	6:11	3.3			12:17	0.2	6:07	6:02	
16	Fri	6:34	3.6	7:04	3.0	12:32	0.4	1:20	0.4	6:05	6:03	
17	Sat	7:26	3.4	8:00	2.9	1:34	0.7	2:24	0.6	6:03	6:04	
18	Sun	8:23	3.3	9:02	2.9	2:36	0.8	3:23	0.6	6:01	6:05	
19	Mon	9:25	3.3	10:03	3.0	3:35	0.8	4:15	0.5	6:00	6:07	
20	Tue	10:24	3.4	10:56	3.1	4:27	0.6	5:02	0.3	5:58	6:08	
21	Wed	11:13	3.6	11:40	3.4	5:14	0.5	5:45	0.2	5:56	6:09	
22	Thu	11:55	3.7			5:59	0.3	6:26	0.0	5:55	6:10	
23	Fri	12:18	3.6	12:33	3.8	6:42	0.1	7:05	-0.1	5:53	6:11	
24	Sat	12:53	3.7	1:08	3.9	7:24	0.0	7:43	-0.2	5:51	6:12	
25	Sun	1:25	3.8	1:41	3.8	8:04	-0.1	8:18	-0.2	5:49	6:13	
26	Mon	1:54	3.9	2:14	3.8	8:42	-0.1	8:51	-0.2	5:48	6:14	
27	Tue	2:21	3.9	2:47	3.7	9:19	-0.1	9:23	-0.1	5:46	6:15	
28	Wed	2:53	4.0	3:26	3.5	9:56	0.0	9:55	0.0	5:44	6:17	
29	Thu	3:31	4.0	4:13	3.4	10:36	0.1	10:30	0.1	5:43	6:18	
30	Fri	4:19	4.0	5:09	3.3	11:25	0.2	11:15	0.3	5:41	6:19	
31	Sat	5:16	3.9	6:10	3.2			12:33	0.4	5:39	6:20	