

































## Kingston, NY - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:20	3.9	6:24	0.5	6:42	0.7	6:53	6:37	
2	Fri	12:33	4.1	12:56	4.1	7:02	0.4	7:25	0.5	6:54	6:36	
3	Sat	1:09	4.1	1:28	4.3	7:40	0.3	8:08	0.4	6:55	6:34	
4	Sun	1:43	4.1	1:57	4.4	8:17	0.2	8:50	0.3	6:56	6:32	
5	Mon	2:16	4.1	2:27	4.5	8:54	0.2	9:32	0.2	6:57	6:30	
6	Tue	2:52	4.0	3:00	4.6	9:30	0.2	10:13	0.2	6:58	6:29	
7	Wed	3:32	3.9	3:40	4.6	10:07	0.3	10:57	0.3	6:59	6:27	
8	Thu	4:19	3.7	4:29	4.5	10:46	0.4	11:45	0.5	7:00	6:25	
9	Fri	5:19	3.6	5:30	4.4	11:31	0.5			7:01	6:24	
10	Sat	6:27	3.5	6:39	4.3	12:45	0.6	12:30	0.7	7:03	6:22	
11	Sun	7:34	3.5	7:48	4.2	1:56	0.7	1:51	0.8	7:04	6:20	
12	Mon	8:38	3.6	8:55	4.2	3:06	0.6	3:11	0.7	7:05	6:19	
13	Tue	9:44	3.8	10:03	4.2	4:08	0.4	4:20	0.6	7:06	6:17	
14	Wed	10:48	4.1	11:08	4.3	5:03	0.2	5:20	0.3	7:07	6:16	
15	Thu	11:45	4.4			5:54	-0.1	6:15	0.1	7:08	6:14	
16	Fri	12:03	4.4	12:34	4.7	6:41	-0.2	7:07	-0.1	7:09	6:12	
17	Sat	12:52	4.4	1:19	4.9	7:28	-0.3	7:57	-0.2	7:11	6:11	
18	Sun	1:38	4.4	2:02	4.9	8:13	-0.2	8:46	-0.2	7:12	6:09	
19	Mon	2:22	4.3	2:44	4.8	8:58	-0.1	9:32	-0.1	7:13	6:08	
20	Tue	3:08	4.1	3:27	4.6	9:40	0.1	10:16	0.0	7:14	6:06	
21	Wed	3:55	3.8	4:12	4.4	10:20	0.3	11:00	0.3	7:15	6:05	
22	Thu	4:46	3.6	5:01	4.2	11:00	0.6	11:45	0.5	7:16	6:03	
23	Fri	5:41	3.4	5:54	3.9	11:40	0.9			7:18	6:02	
24	Sat	6:37	3.2	6:48	3.8	12:34	0.8	12:27	1.2	7:19	6:00	
25	Sun	7:30	3.2	7:40	3.6	1:31	0.9	1:30	1.3	7:20	5:59	
26	Mon	8:21	3.2	8:31	3.5	2:31	1.0	2:41	1.4	7:21	5:58	
27	Tue	9:13	3.2	9:24	3.5	3:27	0.9	3:44	1.3	7:22	5:56	
28	Wed	10:06	3.4	10:18	3.5	4:16	0.8	4:38	1.1	7:24	5:55	
29	Thu	10:56	3.6	11:10	3.6	5:00	0.7	5:27	0.9	7:25	5:54	
30	Fri	11:39	3.9	11:55	3.7	5:41	0.5	6:12	0.6	7:26	5:52	
31	Sat			12:17	4.1	6:20	0.3	6:56	0.4	7:27	5:51	