

































## Kingston, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:22	4.4	1:41	4.5	7:59	-1.0	8:27	-1.1	6:30	5:45	
2	Tue	2:11	4.5	2:31	4.3	8:49	-1.0	9:12	-1.0	6:28	5:47	
3	Wed	3:00	4.5	3:22	4.1	9:37	-0.8	9:57	-0.8	6:27	5:48	
4	Thu	3:52	4.3	4:16	3.8	10:26	-0.6	10:42	-0.4	6:25	5:49	
5	Fri	4:45	4.1	5:12	3.5	11:17	-0.2	11:31	0.0	6:24	5:50	
6	Sat	5:38	3.9	6:08	3.2			12:15	0.1	6:22	5:51	
7	Sun	6:32	3.6	7:03	3.0	12:28	0.4	1:20	0.4	6:20	5:53	
8	Mon	7:27	3.4	8:01	2.9	1:33	0.6	2:26	0.5	6:19	5:54	
9	Tue	8:26	3.3	9:04	2.8	2:38	0.7	3:26	0.5	6:17	5:55	
10	Wed	9:30	3.3	10:06	2.9	3:38	0.7	4:18	0.4	6:15	5:56	
11	Thu	10:28	3.4	10:58	3.1	4:30	0.6	5:04	0.3	6:14	5:57	
12	Fri	11:16	3.5	11:41	3.4	5:17	0.4	5:46	0.1	6:12	5:58	
13	Sat	11:58	3.6			6:02	0.2	6:26	0.0	6:10	5:59	
14	Sun	12:19	3.6	1:35	3.7	7:45	0.1	8:04	-0.1	7:09	7:01	
15	Mon	1:54	3.7	2:10	3.7	8:26	0.0	8:40	-0.2	7:07	7:02	
16	Tue	2:25	3.8	2:43	3.7	9:05	-0.1	9:15	-0.2	7:05	7:03	
17	Wed	2:53	3.9	3:14	3.6	9:43	-0.1	9:47	-0.1	7:03	7:04	
18	Thu	3:19	3.9	3:46	3.5	10:18	-0.1	10:17	0.0	7:02	7:05	
19	Fri	3:47	3.9	4:21	3.3	10:53	0.0	10:47	0.1	7:00	7:06	
20	Sat	4:23	3.9	5:04	3.2	11:31	0.1	11:20	0.2	6:58	7:07	
21	Sun	5:08	3.8	5:58	3.1			12:16	0.3	6:57	7:09	
22	Mon	6:04	3.8	6:59	3.1	12:02	0.3	1:21	0.4	6:55	7:10	
23	Tue	7:08	3.7	8:03	3.1	1:02	0.5	2:40	0.5	6:53	7:11	
24	Wed	8:16	3.7	9:12	3.2	2:32	0.5	3:50	0.3	6:51	7:12	
25	Thu	9:30	3.8	10:24	3.5	3:54	0.4	4:51	0.1	6:50	7:13	
26	Fri	10:46	3.9	11:29	3.8	5:02	0.1	5:45	-0.2	6:48	7:14	
27	Sat	11:50	4.1			6:01	-0.2	6:36	-0.5	6:46	7:15	
28	Sun	12:24	4.2	12:44	4.3	6:57	-0.5	7:26	-0.7	6:45	7:16	
29	Mon	1:13	4.6	1:34	4.4	7:50	-0.7	8:14	-0.8	6:43	7:17	
30	Tue	2:00	4.7	2:22	4.3	8:42	-0.8	9:01	-0.8	6:41	7:19	
31	Wed	2:46	4.8	3:10	4.2	9:31	-0.8	9:46	-0.6	6:39	7:20	