

































Kingston, NY - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:18	3.8	6:03	3.5	11:50	0.4			5:24	8:35	
2	Fri	6:01	3.6	6:45	3.6	12:02	1.0	12:25	0.5	5:25	8:35	
3	Sat	6:44	3.5	7:24	3.6	12:49	1.1	1:03	0.6	5:25	8:34	
4	Sun	7:25	3.3	8:00	3.6	1:47	1.2	1:46	0.7	5:26	8:34	
5	Mon	8:07	3.2	8:39	3.7	2:52	1.2	2:38	0.8	5:26	8:34	
6	Tue	8:57	3.1	9:25	3.9	3:53	1.1	3:34	0.8	5:27	8:34	
7	Wed	9:59	3.1	10:21	4.0	4:49	0.9	4:30	0.7	5:28	8:33	
8	Thu	11:05	3.2	11:20	4.3	5:42	0.6	5:24	0.5	5:28	8:33	
9	Fri			12:03	3.4	6:33	0.4	6:18	0.4	5:29	8:32	
10	Sat	12:13	4.5	12:54	3.6	7:24	0.1	7:12	0.2	5:30	8:32	
11	Sun	1:03	4.8	1:44	3.8	8:14	-0.2	8:08	0.0	5:30	8:32	
12	Mon	1:52	4.9	2:34	4.0	9:03	-0.4	9:02	-0.1	5:31	8:31	
13	Tue	2:42	4.9	3:27	4.2	9:50	-0.5	9:54	-0.2	5:32	8:31	
14	Wed	3:35	4.8	4:22	4.3	10:36	-0.6	10:46	-0.2	5:33	8:30	
15	Thu	4:31	4.7	5:20	4.4	11:23	-0.5	11:40	0.0	5:34	8:29	
16	Fri	5:30	4.4	6:17	4.5			12:12	-0.4	5:34	8:29	
17	Sat	6:28	4.2	7:12	4.5	12:38	0.2	1:05	-0.1	5:35	8:28	
18	Sun	7:24	3.9	8:05	4.4	1:43	0.4	2:03	0.1	5:36	8:27	
19	Mon	8:21	3.7	9:00	4.3	2:50	0.5	3:04	0.3	5:37	8:27	
20	Tue	9:20	3.5	9:58	4.3	3:54	0.5	4:03	0.4	5:38	8:26	
21	Wed	10:25	3.4	10:57	4.3	4:53	0.5	4:58	0.5	5:39	8:25	
22	Thu	11:28	3.4	11:53	4.3	5:48	0.4	5:51	0.5	5:40	8:24	
23	Fri			12:23	3.5	6:38	0.3	6:40	0.5	5:41	8:23	
24	Sat	12:41	4.4	1:10	3.6	7:26	0.2	7:28	0.5	5:41	8:22	
25	Sun	1:24	4.4	1:54	3.7	8:11	0.2	8:14	0.5	5:42	8:22	
26	Mon	2:05	4.4	2:35	3.7	8:53	0.1	8:58	0.5	5:43	8:21	
27	Tue	2:44	4.3	3:16	3.8	9:31	0.1	9:39	0.5	5:44	8:20	
28	Wed	3:23	4.2	3:56	3.8	10:07	0.1	10:17	0.6	5:45	8:19	
29	Thu	4:01	4.0	4:36	3.7	10:40	0.2	10:53	0.7	5:46	8:18	
30	Fri	4:38	3.8	5:15	3.7	11:11	0.3	11:29	0.9	5:47	8:16	
31	Sat	5:16	3.7	5:52	3.7	11:39	0.5			5:48	8:15	