

































## Kingston, NY - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:56	3.5	6:27	3.7	12:07	1.0	12:08	0.6	5:49	8:14	
2	Mon	6:38	3.3	7:04	3.8	12:54	1.1	12:43	0.7	5:50	8:13	
3	Tue	7:24	3.2	7:46	3.9	2:00	1.2	1:32	0.8	5:51	8:12	
4	Wed	8:16	3.2	8:37	4.0	3:12	1.1	2:40	0.9	5:52	8:11	
5	Thu	9:19	3.2	9:40	4.1	4:17	1.0	3:53	0.8	5:53	8:10	
6	Fri	10:31	3.3	10:50	4.3	5:14	0.7	4:59	0.6	5:54	8:08	
7	Sat	11:37	3.5	11:52	4.6	6:08	0.4	5:58	0.4	5:55	8:07	
8	Sun			12:33	3.9	6:59	0.1	6:55	0.1	5:56	8:06	
9	Mon	12:47	4.8	1:24	4.2	7:49	-0.2	7:51	-0.1	5:57	8:04	
10	Tue	1:37	5.0	2:14	4.5	8:38	-0.5	8:46	-0.3	5:58	8:03	
11	Wed	2:27	5.0	3:05	4.7	9:26	-0.6	9:39	-0.4	5:59	8:02	
12	Thu	3:19	4.9	3:58	4.7	10:12	-0.6	10:31	-0.3	6:00	8:00	
13	Fri	4:12	4.7	4:53	4.7	10:58	-0.5	11:22	-0.1	6:02	7:59	
14	Sat	5:09	4.4	5:50	4.7	11:45	-0.3			6:03	7:58	
15	Sun	6:08	4.1	6:46	4.6	12:18	0.2	12:36	0.0	6:04	7:56	
16	Mon	7:06	3.9	7:41	4.4	1:20	0.4	1:34	0.3	6:05	7:55	
17	Tue	8:03	3.6	8:36	4.3	2:26	0.6	2:38	0.6	6:06	7:53	
18	Wed	9:02	3.4	9:34	4.1	3:32	0.7	3:40	0.7	6:07	7:52	
19	Thu	10:06	3.4	10:35	4.1	4:32	0.7	4:39	0.8	6:08	7:50	
20	Fri	11:09	3.4	11:32	4.1	5:26	0.6	5:32	0.8	6:09	7:49	
21	Sat			12:03	3.5	6:15	0.5	6:21	0.7	6:10	7:47	
22	Sun	12:21	4.2	12:49	3.7	6:59	0.4	7:06	0.6	6:11	7:46	
23	Mon	1:03	4.3	1:29	3.8	7:41	0.3	7:51	0.6	6:12	7:44	
24	Tue	1:42	4.3	2:07	4.0	8:21	0.2	8:33	0.5	6:13	7:43	
25	Wed	2:18	4.3	2:43	4.0	8:58	0.2	9:14	0.5	6:14	7:41	
26	Thu	2:53	4.2	3:17	4.0	9:33	0.2	9:52	0.5	6:15	7:39	
27	Fri	3:27	4.0	3:50	4.0	10:05	0.3	10:27	0.6	6:16	7:38	
28	Sat	4:00	3.9	4:19	4.0	10:34	0.4	11:02	0.7	6:17	7:36	
29	Sun	4:34	3.7	4:49	3.9	11:00	0.5	11:36	0.9	6:18	7:35	
30	Mon	5:12	3.5	5:26	3.9	11:28	0.7			6:19	7:33	
31	Tue	5:58	3.4	6:12	4.0	12:17	1.0	12:03	0.8	6:20	7:31	