US HARBORS www.USHarbors.com

Kingston, NY - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:26	4.5	1:03	3.7	7:33	0.1	7:23	0.2	5:24	8:35	
2	Tue	1:09	4.7	1:49	3.8	8:23	-0.1	8:14	0.0	5:24	8:35	
3	Wed	1:55	4.8	2:39	3.9	9:12	-0.3	9:06	0.0	5:25	8:34	
4	Thu	2:44	4.9	3:32	4.0	10:00	-0.4	9:58	-0.1	5:26	8:34	
5	Fri	3:37	4.8	4:30	4.0	10:47	-0.5	10:49	0.0	5:26	8:34	
6	Sat	4:36	4.7	5:30	4.1	11:36	-0.4	11:43	0.1	5:27	8:34	
7	Sun	5:37	4.5	6:29	4.2			12:28	-0.3	5:27	8:33	
8	Mon	6:38	4.3	7:25	4.3	12:44	0.3	1:25	-0.1	5:28	8:33	
9	Tue	7:35	4.1	8:20	4.3	1:51	0.4	2:24	0.0	5:29	8:33	
10	Wed	8:32	3.9	9:15	4.3	2:59	0.4	3:22	0.1	5:30	8:32	
11	Thu	9:31	3.7	10:12	4.4	4:02	0.4	4:18	0.1	5:30	8:32	
12	Fri	10:34	3.6	11:10	4.4	5:01	0.3	5:12	0.2	5:31	8:31	
13	Sat	11:35	3.6			5:55	0.2	6:02	0.2	5:32	8:31	
14	Sun	12:02	4.5	12:29	3.6	6:46	0.2	6:50	0.3	5:33	8:30	
15	Mon	12:49	4.5	1:17	3.7	7:35	0.1	7:38	0.3	5:33	8:29	
16	Tue	1:32	4.5	2:02	3.7	8:22	0.0	8:24	0.4	5:34	8:29	
17	Wed	2:14	4.5	2:46	3.7	9:06	0.0	9:08	0.5	5:35	8:28	
18	Thu	2:55	4.4	3:30	3.6	9:47	0.0	9:50	0.5	5:36	8:27	
19	Fri	3:37	4.3	4:15	3.6	10:25	0.1	10:29	0.6	5:37	8:27	
20	Sat	4:19	4.1	5:00	3.6	11:01	0.2	11:07	0.8	5:38	8:26	
21	Sun	5:02	3.9	5:46	3.5	11:37	0.3	11:45	0.9	5:39	8:25	
22	Mon	5:45	3.7	6:28	3.5			12:12	0.5	5:39	8:24	
23	Tue	6:27	3.6	7:07	3.6	12:27	1.1	12:48	0.6	5:40	8:23	
24	Wed	7:08	3.5	7:43	3.6	1:21	1.2	1:31	0.7	5:41	8:23	
25	Thu	7:50	3.4	8:21	3.7	2:27	1.2	2:22	0.8	5:42	8:22	
26	Fri	8:38	3.3	9:06	3.9	3:31	1.1	3:19	0.8	5:43	8:21	
27	Sat	9:37	3.3	10:01	4.1	4:30	0.9	4:16	0.7	5:44	8:20	
28	Sun	10:44	3.3	11:02	4.3	5:25	0.7	5:12	0.5	5:45	8:19	
29	Mon	11:46	3.5	11:59	4.6	6:17	0.4	6:06	0.3	5:46	8:18	
30	Tue			12:39	3.8	7:08	0.1	7:01	0.1	5:47	8:17	
31	Wed	12:50	4.8	1:30	4.0	8:00	-0.2	7:56	-0.1	5:48	8:16	