US HARBORS www.USHarbors.com

Kingston, NY - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:29	4.2	4:05	3.8	10:26	0.1	10:33	0.6	5:49	8:14	
2	Sun	4:05	4.1	4:41	3.9	10:58	0.1	11:12	0.6	5:50	8:13	
3	Mon	4:46	4.0	5:23	4.0	11:30	0.2	11:56	0.7	5:51	8:12	
4	Tue	5:34	3.8	6:10	4.1			12:06	0.3	5:52	8:11	
5	Wed	6:28	3.7	7:01	4.2	12:51	0.8	12:51	0.4	5:53	8:09	
6	Thu	7:26	3.5	7:56	4.3	2:04	0.9	1:52	0.5	5:54	8:08	
7	Fri	8:28	3.4	8:58	4.3	3:20	0.8	3:06	0.5	5:56	8:07	
8	Sat	9:39	3.4	10:10	4.4	4:28	0.6	4:18	0.5	5:57	8:06	
9	Sun	10:55	3.5	11:22	4.6	5:29	0.4	5:23	0.3	5:58	8:04	
10	Mon			12:02	3.8	6:26	0.1	6:24	0.2	5:59	8:03	
11	Tue	12:23	4.7	12:59	4.0	7:20	-0.1	7:21	0.0	6:00	8:02	
12	Wed	1:17	4.9	1:51	4.3	8:11	-0.3	8:17	-0.1	6:01	8:00	
13	Thu	2:07	4.9	2:42	4.4	9:00	-0.4	9:09	-0.1	6:02	7:59	
14	Fri	2:55	4.8	3:31	4.5	9:46	-0.4	9:58	0.0	6:03	7:57	
15	Sat	3:44	4.6	4:21	4.4	10:29	-0.3	10:45	0.1	6:04	7:56	
16	Sun	4:33	4.3	5:10	4.4	11:10	-0.1	11:31	0.4	6:05	7:55	
17	Mon	5:23	4.0	5:59	4.2	11:51	0.2			6:06	7:53	
18	Tue	6:14	3.7	6:47	4.1	12:20	0.6	12:34	0.5	6:07	7:52	
19	Wed	7:05	3.5	7:34	4.0	1:16	0.9	1:21	0.9	6:08	7:50	
20	Thu	7:55	3.2	8:22	3.9	2:17	1.1	2:17	1.1	6:09	7:49	
21	Fri	8:47	3.1	9:14	3.8	3:20	1.1	3:17	1.2	6:10	7:47	
22	Sat	9:47	3.0	10:12	3.8	4:19	1.1	4:15	1.2	6:11	7:46	
23	Sun	10:50	3.1	11:11	3.9	5:11	1.0	5:08	1.1	6:12	7:44	
24	Mon	11:46	3.2			5:58	0.8	5:56	1.0	6:13	7:42	
25	Tue	12:01	4.0	12:32	3.5	6:41	0.6	6:42	0.8	6:14	7:41	
26	Wed	12:43	4.2	1:11	3.7	7:23	0.4	7:27	0.7	6:15	7:39	
27	Thu	1:20	4.3	1:47	3.8	8:03	0.3	8:10	0.5	6:16	7:38	
28	Fri	1:54	4.4	2:20	4.0	8:42	0.1	8:53	0.4	6:17	7:36	
29	Sat	2:28	4.4	2:52	4.1	9:18	0.1	9:34	0.4	6:18	7:34	
30	Sun	3:02	4.3	3:25	4.3	9:53	0.0	10:14	0.3	6:19	7:33	
31	Mon	3:40	4.2	4:03	4.3	10:26	0.1	10:56	0.4	6:20	7:31	