US HARBORS www.USHarbors.com

Kingston, NY - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:07	4.3	2:48	3.5	9:10	0.1	9:01	0.5	5:24	8:35	
2	Tue	2:40	4.2	3:28	3.6	9:49	0.1	9:41	0.5	5:25	8:35	
3	Wed	3:12	4.2	4:08	3.6	10:25	0.1	10:19	0.5	5:25	8:34	
4	Thu	3:46	4.1	4:48	3.6	11:00	0.1	10:57	0.6	5:26	8:34	
5	Fri	4:26	4.0	5:30	3.7	11:34	0.2	11:39	0.6	5:26	8:34	
6	Sat	5:13	3.9	6:15	3.9			12:11	0.2	5:27	8:34	
7	Sun	6:06	3.8	7:03	4.0	12:29	0.7	12:55	0.3	5:28	8:33	
8	Mon	7:02	3.7	7:53	4.2	1:35	0.7	1:51	0.3	5:28	8:33	
9	Tue	8:00	3.6	8:48	4.3	2:49	0.7	2:56	0.3	5:29	8:32	
10	Wed	9:04	3.6	9:51	4.5	3:58	0.5	4:02	0.3	5:30	8:32	
11	Thu	10:17	3.6	10:58	4.6	5:01	0.3	5:04	0.2	5:31	8:32	
12	Fri	11:29	3.7			5:59	0.1	6:03	0.0	5:31	8:31	
13	Sat	12:00	4.8	12:31	3.9	6:55	-0.2	7:01	-0.1	5:32	8:30	
14	Sun	12:56	5.0	1:28	4.1	7:50	-0.4	7:58	-0.2	5:33	8:30	
15	Mon	1:48	5.0	2:21	4.2	8:42	-0.5	8:52	-0.2	5:34	8:29	
16	Tue	2:39	5.0	3:15	4.3	9:31	-0.6	9:44	-0.1	5:35	8:29	
17	Wed	3:31	4.8	4:09	4.3	10:18	-0.6	10:34	0.0	5:35	8:28	
18	Thu	4:23	4.6	5:02	4.2	11:03	-0.4	11:22	0.2	5:36	8:27	
19	Fri	5:16	4.3	5:54	4.1	11:47	-0.2			5:37	8:26	
20	Sat	6:08	4.0	6:44	4.1	12:13	0.5	12:32	0.1	5:38	8:26	
21	Sun	6:58	3.8	7:31	4.0	1:08	0.7	1:20	0.4	5:39	8:25	
22	Mon	7:47	3.5	8:17	3.9	2:08	0.9	2:12	0.7	5:40	8:24	
23	Tue	8:36	3.3	9:05	3.8	3:09	1.0	3:05	0.8	5:41	8:23	
24	Wed	9:30	3.2	9:57	3.8	4:06	1.0	3:57	0.9	5:42	8:22	
25	Thu	10:28	3.2	10:52	3.9	4:59	0.9	4:48	0.9	5:43	8:21	
26	Fri	11:26	3.2	11:44	4.0	5:47	0.7	5:36	0.8	5:44	8:20	
27	Sat			12:16	3.4	6:33	0.6	6:22	0.7	5:45	8:19	
28	Sun	12:28	4.1	1:01	3.5	7:17	0.4	7:08	0.6	5:46	8:18	
29	Mon	1:07	4.2	1:41	3.7	7:59	0.3	7:53	0.5	5:46	8:17	
30	Tue	1:43	4.3	2:19	3.8	8:41	0.1	8:37	0.4	5:47	8:16	
31	Wed	2:16	4.4	2:56	3.9	9:19	0.0	9:19	0.4	5:48	8:15	