






















Kingston, NY - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:38	3.5	11:08	4.5	5:14	0.4	5:08	0.3	5:49	8:14	
2	Sun	11:47	3.6			6:12	0.2	6:08	0.2	5:50	8:13	
3	Mon	12:10	4.6	12:46	3.8	7:07	0.0	7:05	0.2	5:51	8:12	
4	Tue	1:04	4.7	1:39	4.0	7:59	-0.1	8:00	0.1	5:52	8:11	
5	Wed	1:54	4.7	2:29	4.1	8:49	-0.2	8:52	0.1	5:53	8:10	
6	Thu	2:42	4.7	3:18	4.2	9:35	-0.3	9:41	0.2	5:54	8:08	
7	Fri	3:28	4.5	4:07	4.1	10:18	-0.2	10:26	0.3	5:55	8:07	
8	Sat	4:15	4.3	4:55	4.1	10:58	0.0	11:10	0.5	5:56	8:06	
9	Sun	5:02	4.1	5:42	4.0	11:36	0.2	11:55	0.7	5:57	8:04	
10	Mon	5:50	3.8	6:28	4.0			12:15	0.5	5:59	8:03	
11	Tue	6:38	3.5	7:12	3.9	12:44	0.9	12:55	0.7	6:00	8:02	
12	Wed	7:24	3.3	7:56	3.8	1:40	1.1	1:41	1.0	6:01	8:00	
13	Thu	8:12	3.1	8:42	3.8	2:42	1.2	2:36	1.1	6:02	7:59	
14	Fri	9:05	3.0	9:33	3.8	3:43	1.2	3:35	1.2	6:03	7:58	
15	Sat	10:07	3.0	10:32	3.8	4:39	1.1	4:31	1.2	6:04	7:56	
16	Sun	11:10	3.1	11:28	4.0	5:30	0.9	5:23	1.1	6:05	7:55	
17	Mon			12:04	3.2	6:17	0.7	6:12	0.9	6:06	7:53	
18	Tue	12:15	4.1	12:48	3.4	7:02	0.5	6:59	0.7	6:07	7:52	
19	Wed	12:56	4.3	1:26	3.7	7:45	0.3	7:45	0.6	6:08	7:50	
20	Thu	1:34	4.5	2:03	3.9	8:27	0.1	8:31	0.4	6:09	7:49	
21	Fri	2:11	4.6	2:40	4.0	9:07	0.0	9:16	0.3	6:10	7:47	
22	Sat	2:50	4.6	3:18	4.2	9:46	-0.1	10:00	0.2	6:11	7:46	
23	Sun	3:32	4.5	4:01	4.3	10:23	-0.1	10:45	0.2	6:12	7:44	
24	Mon	4:18	4.3	4:49	4.4	11:01	-0.1	11:33	0.3	6:13	7:43	
25	Tue	5:11	4.1	5:42	4.5	11:42	0.1			6:14	7:41	
26	Wed	6:09	3.9	6:39	4.4	12:29	0.5	12:30	0.3	6:15	7:39	
27	Thu	7:10	3.7	7:38	4.4	1:36	0.7	1:31	0.5	6:16	7:38	
28	Fri	8:12	3.5	8:40	4.3	2:50	0.7	2:44	0.6	6:17	7:36	
29	Sat	9:20	3.5	9:50	4.3	3:59	0.7	3:56	0.6	6:18	7:35	
30	Sun	10:33	3.6	11:01	4.3	5:02	0.5	5:01	0.6	6:19	7:33	
31	Mon	11:39	3.7			5:58	0.3	6:00	0.4	6:20	7:31	