
































## Kingston, NY - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:06	4.4	5:50	3.8	11:46	-0.1			5:25	8:35	
2	Sun	6:00	4.1	6:43	3.8	12:00	0.6	12:34	0.1	5:25	8:34	
3	Mon	6:51	3.9	7:31	3.7	12:54	0.8	1:24	0.3	5:26	8:34	
4	Tue	7:40	3.7	8:17	3.7	1:54	1.0	2:16	0.5	5:26	8:34	
5	Wed	8:28	3.5	9:03	3.7	2:54	1.0	3:06	0.6	5:27	8:34	
6	Thu	9:18	3.3	9:52	3.8	3:52	1.0	3:55	0.7	5:28	8:33	
7	Fri	10:12	3.2	10:43	3.9	4:44	0.9	4:41	0.7	5:28	8:33	
8	Sat	11:08	3.2	11:31	4.0	5:33	0.8	5:25	0.7	5:29	8:33	
9	Sun			12:00	3.3	6:20	0.6	6:09	0.6	5:30	8:32	
10	Mon	12:15	4.1	12:46	3.4	7:05	0.5	6:53	0.6	5:30	8:32	
11	Tue	12:53	4.2	1:28	3.5	7:50	0.3	7:37	0.5	5:31	8:31	
12	Wed	1:29	4.3	2:08	3.6	8:33	0.2	8:22	0.4	5:32	8:31	
13	Thu	2:03	4.4	2:48	3.6	9:16	0.0	9:06	0.4	5:33	8:30	
14	Fri	2:39	4.4	3:29	3.7	9:56	0.0	9:49	0.3	5:34	8:29	
15	Sat	3:18	4.4	4:14	3.7	10:36	-0.1	10:31	0.3	5:34	8:29	
16	Sun	4:03	4.4	5:02	3.8	11:16	0.0	11:16	0.4	5:35	8:28	
17	Mon	4:54	4.3	5:54	3.9	11:58	0.0			5:36	8:27	
18	Tue	5:51	4.1	6:47	4.1	12:07	0.5	12:46	0.1	5:37	8:27	
19	Wed	6:49	4.0	7:39	4.2	1:10	0.6	1:42	0.2	5:38	8:26	
20	Thu	7:46	3.9	8:34	4.3	2:20	0.6	2:43	0.2	5:39	8:25	
21	Fri	8:47	3.8	9:33	4.4	3:30	0.5	3:44	0.2	5:40	8:24	
22	Sat	9:54	3.7	10:36	4.6	4:34	0.3	4:44	0.1	5:41	8:24	
23	Sun	11:04	3.7	11:38	4.7	5:33	0.2	5:41	0.1	5:41	8:23	
24	Mon			12:07	3.8	6:29	0.0	6:36	0.0	5:42	8:22	
25	Tue	12:33	4.8	1:03	4.0	7:23	-0.2	7:30	0.0	5:43	8:21	
26	Wed	1:24	4.9	1:55	4.0	8:15	-0.3	8:23	0.0	5:44	8:20	
27	Thu	2:12	4.8	2:45	4.1	9:04	-0.3	9:13	0.1	5:45	8:19	
28	Fri	3:00	4.7	3:35	4.0	9:50	-0.3	10:01	0.2	5:46	8:18	
29	Sat	3:49	4.6	4:26	4.0	10:33	-0.2	10:46	0.3	5:47	8:17	
30	Sun	4:37	4.3	5:16	3.9	11:15	0.0	11:31	0.6	5:48	8:16	
31	Mon	5:27	4.1	6:05	3.9	11:56	0.2			5:49	8:14	