

Lloyd Harbor, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:55	6.8	5:25	5.9	11:33	0.6	11:38	0.9	7:18	4:36	
2	Fri	5:48	6.9	6:24	5.8			12:31	0.5	7:18	4:37	
3	Sat	6:44	7.1	7:25	5.9	12:33	0.9	1:29	0.3	7:18	4:37	
4	Sun	7:42	7.3	8:24	6.1	1:31	0.8	2:26	0.0	7:18	4:38	
5	Mon	8:38	7.6	9:19	6.4	2:28	0.6	3:20	-0.4	7:18	4:39	
6	Tue	9:32	7.9	10:11	6.8	3:24	0.3	4:11	-0.7	7:18	4:40	
7	Wed	10:24	8.1	11:02	7.2	4:18	-0.1	5:00	-1.0	7:18	4:41	
8	Thu	11:16	8.2	11:53	7.6	5:11	-0.4	5:49	-1.2	7:18	4:42	
9	Fri			12:08	8.2	6:05	-0.6	6:37	-1.3	7:18	4:43	
10	Sat	12:43	7.8	1:00	8.1	6:58	-0.8	7:25	-1.3	7:17	4:44	
11	Sun	1:34	8.0	1:53	7.8	7:52	-0.8	8:15	-1.1	7:17	4:45	
12	Mon	2:25	8.0	2:47	7.5	8:47	-0.7	9:07	-0.8	7:17	4:46	
13	Tue	3:18	7.9	3:44	7.0	9:46	-0.5	10:02	-0.4	7:17	4:47	
14	Wed	4:14	7.7	4:45	6.6	10:47	-0.3	11:01	0.0	7:16	4:49	
15	Thu	5:14	7.4	5:50	6.3	11:49	-0.1			7:16	4:50	
16	Fri	6:15	7.2	6:56	6.1	12:01	0.3	12:51	0.0	7:15	4:51	
17	Sat	7:18	7.0	8:01	6.0	1:02	0.6	1:53	0.1	7:15	4:52	
18	Sun	8:17	6.9	8:59	6.0	2:02	0.7	2:50	0.1	7:14	4:53	
19	Mon	9:10	6.9	9:49	6.0	2:58	0.8	3:41	0.1	7:14	4:54	
20	Tue	9:56	6.9	10:32	6.1	3:48	0.7	4:26	0.0	7:13	4:55	
21	Wed	10:37	6.9	11:11	6.2	4:33	0.7	5:07	0.0	7:13	4:57	
22	Thu	11:13	6.9	11:45	6.3	5:14	0.6	5:43	0.0	7:12	4:58	
23	Fri	11:48	6.9			5:51	0.6	6:16	0.0	7:11	4:59	
24	Sat	12:16	6.5	12:22	6.9	6:27	0.5	6:48	0.0	7:11	5:00	
25	Sun	12:48	6.7	12:57	6.8	7:03	0.4	7:20	0.0	7:10	5:01	
26	Mon	1:22	6.8	1:35	6.7	7:39	0.3	7:53	0.1	7:09	5:03	
27	Tue	1:59	7.0	2:16	6.6	8:19	0.3	8:30	0.3	7:08	5:04	
28	Wed	2:39	7.0	3:01	6.4	9:03	0.3	9:11	0.5	7:07	5:05	
29	Thu	3:24	7.0	3:50	6.1	9:54	0.4	9:59	0.6	7:07	5:06	
30	Fri	4:13	7.0	4:45	5.9	10:50	0.4	10:53	0.8	7:06	5:08	
31	Sat	5:08	7.0	5:45	5.8	11:51	0.4	11:54	0.8	7:05	5:09	