US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 1700

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:52**	4.0	**9:02**	4.4	**2:38**	0.1	**2:45**	0.5	4:54	7:13	
2	Mon	**9:30**	3.9	**9:39**	4.3	**3:14**	0.2	**3:22**	0.6	4:55	7:12	
3	Tue	**10:08**	3.9	**10:15**	4.1	**3:48**	0.2	**3:59**	0.7	4:56	7:11	
4	Wed	**10:47**	3.9	**10:54**	4.0	**4:21**	0.3	**4:35**	0.8	4:57	7:10	
5	Thu	**11:27**	3.9	**11:38**	3.8	**4:53**	0.5	**5:14**	1.0	4:58	7:09	
6	Fri			**12:09**	4.0	**5:29**	0.6	**6:04**	1.0	4:59	7:08	
7	Sat	**12:26**	3.7	**12:55**	4.1	**6:14**	0.6	**7:11**	1.1	5:00	7:06	
8	Sun	**1:18**	3.7	**1:46**	4.2	**7:12**	0.7	**8:23**	1.0	5:01	7:05	
9	Mon	**2:15**	3.6	**2:42**	4.4	**8:19**	0.6	**9:28**	0.7	5:02	7:04	
10	Tue	**3:19**	3.7	**3:47**	4.6	**9:24**	0.5	**10:27**	0.4	5:03	7:03	
11	Wed	**4:27**	3.9	**4:52**	4.8	**10:25**	0.2	**11:23**	0.1	5:04	7:01	
12	Thu	**5:31**	4.1	**5:52**	5.1	**11:23**	0.0			5:05	7:00	
13	Fri	**6:28**	4.5	**6:47**	5.3	**12:16**	-0.2	**12:20**	-0.2	5:06	6:59	
14	Sat	**7:21**	4.7	**7:39**	5.4	**1:09**	-0.5	**1:17**	-0.4	5:07	6:57	
15	Sun	**8:13**	4.9	**8:30**	5.4	**2:01**	-0.6	**2:12**	-0.5	5:08	6:56	
16	Mon	**9:06**	5.0	**9:22**	5.2	**2:50**	-0.7	**3:05**	-0.5	5:09	6:55	
17	Tue	**9:59**	5.0	**10:16**	5.0	**3:38**	-0.7	**3:56**	-0.3	5:10	6:53	
18	Wed	**10:54**	4.9	**11:12**	4.7	**4:24**	-0.5	**4:47**	-0.1	5:11	6:52	
19	Thu	**11:50**	4.8			**5:13**	-0.2	**5:43**	0.3	5:12	6:50	
20	Fri	**12:08**	4.4	**12:44**	4.6	**6:05**	0.1	**6:43**	0.5	5:13	6:49	
21	Sat	**1:03**	4.1	**1:37**	4.5	**7:02**	0.5	**7:48**	0.7	5:14	6:47	
22	Sun	**1:57**	3.8	**2:30**	4.3	**8:03**	0.7	**8:51**	0.8	5:15	6:46	
23	Mon	**2:52**	3.7	**3:24**	4.3	**9:01**	0.8	**9:47**	0.7	5:16	6:44	
24	Tue	**3:51**	3.6	**4:20**	4.3	**9:55**	0.8	**10:37**	0.6	5:17	6:43	
25	Wed	**4:49**	3.7	**5:14**	4.3	**10:44**	0.7	**11:23**	0.5	5:18	6:41	
26	Thu	**5:41**	3.8	**6:01**	4.4	**11:30**	0.6			5:19	6:40	
27	Fri	**6:26**	4.0	**6:43**	4.5	**12:06**	0.4	**12:14**	0.6	5:20	6:38	
28	Sat	**7:07**	4.1	**7:22**	4.6	**12:47**	0.3	**12:57**	0.5	5:21	6:37	
29	Sun	**7:45**	4.2	**7:59**	4.5	**1:27**	0.2	**1:40**	0.5	5:22	6:35	
30	Mon	**8:21**	4.2	**8:34**	4.5	**2:06**	0.2	**2:20**	0.5	5:23	6:34	
31	Tue	**8:56**	4.2	**9:09**	4.3	**2:42**	0.2	**2:59**	0.5	5:24	6:32	