US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**1:59**	3.4	**2:33**	4.0	**8:02**	0.8	**9:07**	1.1	4:30	7:32	
2	Tue	**2:51**	3.4	**3:23**	4.2	**8:56**	0.7	**10:04**	0.9	4:31	7:32	
3	Wed	**3:53**	3.4	**4:20**	4.4	**9:50**	0.6	**10:58**	0.6	4:31	7:32	
4	Thu	**4:57**	3.5	**5:17**	4.7	**10:43**	0.5	**11:51**	0.3	4:32	7:32	
5	Fri	**5:56**	3.6	**6:11**	4.9	**11:36**	0.3			4:32	7:32	
6	Sat	**6:49**	3.8	**7:02**	5.1	**12:44**	0.1	**12:32**	0.2	4:33	7:31	
7	Sun	**7:41**	4.0	**7:53**	5.2	**1:37**	-0.2	**1:28**	0.0	4:33	7:31	
8	Mon	**8:33**	4.2	**8:45**	5.2	**2:27**	-0.3	**2:24**	-0.1	4:34	7:31	
9	Tue	**9:27**	4.3	**9:39**	5.1	**3:16**	-0.5	**3:17**	-0.1	4:35	7:30	
10	Wed	**10:23**	4.4	**10:34**	4.9	**4:02**	-0.5	**4:09**	0.0	4:35	7:30	
11	Thu	**11:20**	4.5	**11:30**	4.6	**4:49**	-0.4	**5:03**	0.2	4:36	7:30	
12	Fri			**12:16**	4.6	**5:38**	-0.2	**6:03**	0.4	4:37	7:29	
13	Sat	**12:26**	4.4	**1:10**	4.6	**6:31**	0.0	**7:08**	0.6	4:38	7:29	
14	Sun	**1:21**	4.1	**2:02**	4.6	**7:28**	0.2	**8:15**	0.6	4:38	7:28	
15	Mon	**2:15**	3.8	**2:55**	4.5	**8:26**	0.4	**9:18**	0.7	4:39	7:28	
16	Tue	**3:13**	3.6	**3:51**	4.5	**9:22**	0.5	**10:16**	0.6	4:40	7:27	
17	Wed	**4:15**	3.5	**4:48**	4.5	**10:15**	0.6	**11:08**	0.5	4:41	7:26	
18	Thu	**5:16**	3.5	**5:41**	4.5	**11:04**	0.6	**11:57**	0.4	4:42	7:26	
19	Fri	**6:09**	3.5	**6:28**	4.5	**11:52**	0.6			4:42	7:25	
20	Sat	**6:56**	3.6	**7:11**	4.6	**12:43**	0.4	**12:39**	0.6	4:43	7:24	
21	Sun	**7:39**	3.7	**7:52**	4.5	**1:27**	0.3	**1:25**	0.6	4:44	7:24	
22	Mon	**8:20**	3.8	**8:30**	4.5	**2:09**	0.3	**2:08**	0.6	4:45	7:23	
23	Tue	**9:01**	3.8	**9:08**	4.4	**2:47**	0.2	**2:49**	0.7	4:46	7:22	
24	Wed	**9:40**	3.8	**9:45**	4.2	**3:22**	0.2	**3:27**	0.7	4:47	7:21	
25	Thu	**10:20**	3.8	**10:23**	4.0	**3:55**	0.3	**4:04**	0.8	4:48	7:20	
26	Fri	**10:59**	3.8	**11:01**	3.8	**4:26**	0.4	**4:40**	1.0	4:49	7:19	
27	Sat	**11:37**	3.8	**11:43**	3.7	**4:57**	0.5	**5:20**	1.1	4:49	7:18	
28	Sun			**12:17**	3.9	**5:30**	0.6	**6:09**	1.2	4:50	7:18	
29	Mon	**12:28**	3.5	**12:59**	4.0	**6:09**	0.7	**7:15**	1.2	4:51	7:17	
30	Tue	**1:18**	3.4	**1:45**	4.1	**7:02**	0.8	**8:28**	1.1	4:52	7:16	
31	Wed	**2:13**	3.3	**2:40**	4.2	**8:08**	0.8	**9:34**	0.9	4:53	7:14	