US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 1770

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**2:18**	3.8	**2:57**	4.4	**8:30**	0.4	**9:15**	0.7	4:30	7:32	
2	Mon	**3:12**	3.6	**3:50**	4.4	**9:23**	0.5	**10:09**	0.6	4:31	7:32	
3	Tue	**4:10**	3.5	**4:44**	4.4	**10:12**	0.5	**10:59**	0.5	4:31	7:32	
4	Wed	**5:07**	3.5	**5:34**	4.4	**10:59**	0.6	**11:45**	0.4	4:32	7:32	
5	Thu	**5:58**	3.6	**6:19**	4.5	**11:43**	0.6			4:33	7:32	
6	Fri	**6:44**	3.7	**7:00**	4.6	**12:30**	0.4	**12:28**	0.6	4:33	7:31	
7	Sat	**7:26**	3.8	**7:40**	4.6	**1:13**	0.3	**1:12**	0.6	4:34	7:31	
8	Sun	**8:07**	3.8	**8:17**	4.5	**1:55**	0.2	**1:55**	0.6	4:34	7:31	
9	Mon	**8:47**	3.8	**8:54**	4.4	**2:34**	0.2	**2:36**	0.6	4:35	7:30	
10	Tue	**9:25**	3.8	**9:30**	4.3	**3:11**	0.2	**3:15**	0.7	4:36	7:30	
11	Wed	**10:04**	3.8	**10:06**	4.1	**3:45**	0.2	**3:51**	0.7	4:37	7:30	
12	Thu	**10:42**	3.8	**10:44**	4.0	**4:18**	0.3	**4:28**	0.8	4:37	7:29	
13	Fri	**11:23**	3.9	**11:28**	3.9	**4:51**	0.4	**5:08**	0.9	4:38	7:29	
14	Sat			**12:06**	4.0	**5:26**	0.4	**5:58**	1.0	4:39	7:28	
15	Sun	**12:18**	3.8	**12:53**	4.1	**6:10**	0.5	**7:04**	1.0	4:40	7:28	
16	Mon	**1:11**	3.7	**1:44**	4.3	**7:07**	0.5	**8:17**	0.9	4:40	7:27	
17	Tue	**2:08**	3.7	**2:41**	4.5	**8:12**	0.5	**9:25**	0.7	4:41	7:26	
18	Wed	**3:13**	3.7	**3:45**	4.6	**9:18**	0.4	**10:26**	0.4	4:42	7:26	
19	Thu	**4:23**	3.8	**4:51**	4.9	**10:21**	0.2	**11:23**	0.1	4:43	7:25	
20	Fri	**5:29**	4.0	**5:52**	5.1	**11:20**	0.0			4:44	7:24	
21	Sat	**6:28**	4.3	**6:48**	5.3	**12:18**	-0.2	**12:18**	-0.2	4:45	7:23	
22	Sun	**7:23**	4.6	**7:40**	5.4	**1:12**	-0.5	**1:16**	-0.3	4:45	7:23	
23	Mon	**8:16**	4.7	**8:32**	5.3	**2:04**	-0.6	**2:12**	-0.4	4:46	7:22	
24	Tue	**9:09**	4.8	**9:24**	5.2	**2:54**	-0.7	**3:05**	-0.4	4:47	7:21	
25	Wed	**10:03**	4.8	**10:17**	4.9	**3:41**	-0.7	**3:56**	-0.2	4:48	7:20	
26	Thu	**10:57**	4.8	**11:11**	4.6	**4:27**	-0.5	**4:47**	0.1	4:49	7:19	
27	Fri	**11:51**	4.7			**5:13**	-0.2	**5:40**	0.3	4:50	7:18	
28	Sat	**12:05**	4.3	**12:44**	4.5	**6:03**	0.1	**6:39**	0.6	4:51	7:17	
29	Sun	**12:58**	4.0	**1:34**	4.4	**6:56**	0.4	**7:42**	0.8	4:52	7:16	
30	Mon	**1:49**	3.7	**2:24**	4.3	**7:53**	0.7	**8:44**	0.9	4:53	7:15	
31	Tue	**2:42**	3.5	**3:16**	4.2	**8:49**	0.8	**9:40**	0.8	4:54	7:14	