US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jan 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**4:18**	4.1	**4:42**	3.5	**10:37**	0.0	**10:41**	-0.3	7:22	4:42	
2	Tue	**5:14**	4.2	**5:38**	3.6	**11:29**	-0.2	**11:29**	-0.2	7:22	4:43	
3	Wed	**6:04**	4.3	**6:28**	3.6			**12:18**	-0.2	7:23	4:44	
4	Thu	**6:48**	4.3	**7:14**	3.6	**12:15**	-0.2	**1:04**	-0.3	7:23	4:45	
5	Fri	**7:30**	4.3	**7:57**	3.6	**1:00**	-0.2	**1:49**	-0.3	7:23	4:46	
6	Sat	**8:09**	4.2	**8:39**	3.6	**1:43**	-0.2	**2:30**	-0.3	7:22	4:46	
7	Sun	**8:48**	4.1	**9:22**	3.5	**2:25**	-0.1	**3:09**	-0.3	7:22	4:47	
8	Mon	**9:27**	4.0	**10:04**	3.4	**3:05**	0.0	**3:46**	-0.2	7:22	4:48	
9	Tue	**10:05**	3.8	**10:49**	3.3	**3:43**	0.1	**4:21**	-0.1	7:22	4:49	
10	Wed	**10:45**	3.6	**11:33**	3.2	**4:20**	0.3	**4:56**	0.1	7:22	4:50	
11	Thu	**11:27**	3.4			**4:58**	0.4	**5:33**	0.2	7:22	4:51	
12	Fri	**12:18**	3.2	**12:11**	3.3	**5:43**	0.6	**6:15**	0.3	7:21	4:53	
13	Sat	**1:01**	3.2	**12:57**	3.2	**6:40**	0.7	**7:07**	0.4	7:21	4:54	
14	Sun	**1:45**	3.3	**1:46**	3.1	**7:48**	0.7	**8:05**	0.4	7:21	4:55	
15	Mon	**2:33**	3.4	**2:42**	3.0	**8:55**	0.5	**9:04**	0.3	7:20	4:56	
16	Tue	**3:28**	3.6	**3:46**	3.1	**9:55**	0.3	**10:00**	0.1	7:20	4:57	
17	Wed	**4:27**	3.9	**4:52**	3.2	**10:50**	0.0	**10:53**	-0.1	7:19	4:58	
18	Thu	**5:24**	4.2	**5:50**	3.5	**11:43**	-0.3	**11:45**	-0.4	7:19	4:59	
19	Fri	**6:17**	4.5	**6:43**	3.7			**12:35**	-0.6	7:18	5:00	
20	Sat	**7:06**	4.8	**7:33**	3.9	**12:39**	-0.6	**1:27**	-0.9	7:18	5:02	
21	Sun	**7:56**	4.9	**8:24**	4.1	**1:33**	-0.8	**2:17**	-1.1	7:17	5:03	
22	Mon	**8:46**	4.9	**9:17**	4.1	**2:26**	-0.9	**3:06**	-1.2	7:17	5:04	
23	Tue	**9:39**	4.8	**10:11**	4.2	**3:17**	-0.9	**3:53**	-1.2	7:16	5:05	
24	Wed	**10:33**	4.6	**11:08**	4.1	**4:08**	-0.8	**4:41**	-1.0	7:15	5:06	
25	Thu	**11:30**	4.3			**5:01**	-0.5	**5:31**	-0.8	7:14	5:07	
26	Fri	**12:05**	4.1	**12:26**	4.0	**6:00**	-0.3	**6:25**	-0.5	7:14	5:09	
27	Sat	**1:01**	4.0	**1:22**	3.7	**7:05**	0.0	**7:25**	-0.3	7:13	5:10	
28	Sun	**1:56**	3.9	**2:18**	3.5	**8:14**	0.1	**8:25**	-0.1	7:12	5:11	
29	Mon	**2:52**	3.8	**3:17**	3.3	**9:18**	0.1	**9:24**	0.0	7:11	5:12	
30	Tue	**3:51**	3.8	**4:19**	3.2	**10:17**	0.1	**10:17**	0.0	7:10	5:14	
31	Wed	**4:50**	3.8	**5:18**	3.2	**11:09**	0.0	**11:07**	0.0	7:09	5:15	