US HARBORS www.USHarbors.com

Long Beach (inside), NY - Aug 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**8:50**	4.6	**9:09**	5.3	**2:41**	-0.5	**2:51**	-0.2	4:55	7:13	
2	Fri	**9:43**	4.6	**10:03**	5.1	**3:28**	-0.6	**3:43**	-0.2	4:56	7:12	
3	Sat	**10:39**	4.7	**10:59**	4.9	**4:14**	-0.6	**4:35**	-0.1	4:57	7:10	
4	Sun	**11:36**	4.7	**11:57**	4.6	**5:02**	-0.4	**5:31**	0.2	4:58	7:09	
5	Mon			**12:33**	4.7	**5:54**	-0.2	**6:34**	0.4	4:59	7:08	
6	Tue	**12:53**	4.4	**1:28**	4.6	**6:52**	0.1	**7:42**	0.5	5:00	7:07	
7	Wed	**1:50**	4.1	**2:23**	4.6	**7:52**	0.3	**8:49**	0.6	5:01	7:06	
8	Thu	**2:47**	3.9	**3:20**	4.5	**8:53**	0.4	**9:50**	0.5	5:02	7:04	
9	Fri	**3:48**	3.8	**4:19**	4.5	**9:50**	0.4	**10:44**	0.4	5:03	7:03	
10	Sat	**4:50**	3.8	**5:16**	4.5	**10:42**	0.5	**11:34**	0.3	5:04	7:02	
11	Sun	**5:45**	3.9	**6:06**	4.6	**11:31**	0.4			5:05	7:01	
12	Mon	**6:34**	4.0	**6:50**	4.6	**12:21**	0.3	**12:18**	0.4	5:06	6:59	
13	Tue	**7:18**	4.1	**7:30**	4.6	**1:05**	0.2	**1:03**	0.4	5:07	6:58	
14	Wed	**7:59**	4.1	**8:09**	4.6	**1:47**	0.2	**1:47**	0.4	5:08	6:57	
15	Thu	**8:40**	4.2	**8:47**	4.5	**2:26**	0.2	**2:29**	0.4	5:09	6:55	
16	Fri	**9:20**	4.1	**9:24**	4.3	**3:03**	0.2	**3:08**	0.5	5:10	6:54	
17	Sat	**9:59**	4.1	**10:00**	4.1	**3:37**	0.3	**3:45**	0.6	5:11	6:52	
18	Sun	**10:39**	4.0	**10:38**	3.9	**4:09**	0.4	**4:22**	0.7	5:12	6:51	
19	Mon	**11:20**	4.0	**11:19**	3.8	**4:40**	0.6	**5:01**	0.9	5:13	6:50	
20	Tue			**12:01**	3.9	**5:12**	0.7	**5:45**	1.0	5:14	6:48	
21	Wed	**12:04**	3.6	**12:44**	4.0	**5:50**	0.9	**6:43**	1.1	5:15	6:47	
22	Thu	**12:53**	3.5	**1:30**	4.0	**6:41**	1.0	**7:52**	1.1	5:16	6:45	
23	Fri	**1:46**	3.5	**2:22**	4.2	**7:49**	1.0	**8:59**	1.0	5:17	6:44	
24	Sat	**2:45**	3.5	**3:21**	4.3	**8:57**	0.9	**9:59**	0.7	5:18	6:42	
25	Sun	**3:53**	3.6	**4:25**	4.6	**10:00**	0.7	**10:53**	0.4	5:19	6:41	
26	Mon	**4:58**	3.9	**5:26**	4.9	**10:57**	0.4	**11:45**	0.1	5:20	6:39	
27	Tue	**5:56**	4.2	**6:20**	5.1	**11:52**	0.1			5:21	6:37	
28	Wed	**6:48**	4.5	**7:11**	5.3	**12:36**	-0.2	**12:48**	-0.1	5:22	6:36	
29	Thu	**7:39**	4.8	**8:01**	5.4	**1:27**	-0.5	**1:42**	-0.3	5:23	6:34	
30	Fri	**8:29**	5.0	**8:51**	5.3	**2:16**	-0.6	**2:36**	-0.4	5:24	6:33	
31	Sat	**9:21**	5.1	**9:44**	5.1	**3:03**	-0.7	**3:27**	-0.4	5:25	6:31	