US HARBORS www.USHarbors.com

Long Beach (inside), NY - Jul 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:04	4.4	11:20	4.7	4:34	-0.4	4:52	0.2	4:30	7:33	
2	Sun	11:59	4.4			5:21	-0.2	5:46	0.5	4:31	7:32	
3	Mon	12:13	4.4	12:51	4.3	6:11	0.1	6:45	0.7	4:31	7:32	
4	Tue	1:05	4.1	1:40	4.2	7:03	0.3	7:47	0.9	4:32	7:32	
5	Wed	1:54	3.8	2:27	4.2	7:57	0.5	8:47	0.9	4:32	7:32	
6	Thu	2:45	3.7	3:17	4.1	8:48	0.6	9:42	0.8	4:33	7:32	
7	Fri	3:39	3.5	4:09	4.2	9:37	0.6	10:31	0.7	4:34	7:31	
8	Sat	4:35	3.5	5:00	4.2	10:24	0.6	11:18	0.6	4:34	7:31	
9	Sun	5:28	3.6	5:47	4.4	11:09	0.6			4:35	7:31	
10	Mon	6:16	3.7	6:30	4.5	12:02	0.5	11:54 AM	0.5	4:36	7:30	
11	Tue	7:00	3.8	7:09	4.5	12:46	0.3	12:38	0.5	4:36	7:30	
12	Wed	7:41	3.9	7:46	4.6	1:30	0.2	1:23	0.5	4:37	7:29	
13	Thu	8:21	3.9	8:21	4.5	2:11	0.2	2:06	0.5	4:38	7:29	
14	Fri	9:00	3.9	8:56	4.5	2:50	0.1	2:47	0.5	4:39	7:28	
15	Sat	9:39	3.9	9:32	4.4	3:26	0.1	3:26	0.5	4:39	7:28	
16	Sun	10:19	4.0	10:13	4.3	4:01	0.1	4:05	0.5	4:40	7:27	
17	Mon	11:04	4.1	11:00	4.2	4:35	0.2	4:48	0.6	4:41	7:27	
18	Tue	11:53	4.2	11:54	4.1	5:14	0.2	5:39	0.7	4:42	7:26	
19	Wed			12:44	4.3	6:00	0.3	6:42	0.7	4:43	7:25	
20	Thu	12:51	4.0	1:38	4.5	6:58	0.4	7:54	0.7	4:43	7:25	
21	Fri	1:51	3.9	2:35	4.6	8:05	0.3	9:04	0.5	4:44	7:24	
22	Sat	2:55	3.9	3:38	4.8	9:11	0.3	10:07	0.3	4:45	7:23	
23	Sun	4:04	3.9	4:43	4.9	10:14	0.1	11:06	0.0	4:46	7:22	
24	Mon	5:12	4.1	5:44	5.1	11:12	-0.1			4:47	7:21	
25	Tue	6:13	4.3	6:39	5.3	12:01	-0.2	12:10	-0.2	4:48	7:21	
26	Wed	7:08	4.5	7:31	5.3	12:55	-0.4	1:06	-0.3	4:49	7:20	
27	Thu	8:01	4.6	8:21	5.3	1:47	-0.5	2:00	-0.3	4:50	7:19	
28	Fri	8:52	4.7	9:10	5.1	2:36	-0.6	2:51	-0.2	4:51	7:18	
29	Sat	9:43	4.6	10:00	4.8	3:22	-0.5	3:40	0.0	4:51	7:17	
30	Sun	10:34	4.5	10:51	4.5	4:05	-0.3	4:27	0.2	4:52	7:16	
31	Mon	11:25	4.4	11:41	4.2	4:48	-0.1	5:15	0.5	4:53	7:15	