

Long Beach (inside), NY - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	3.7	6:34	3.4			12:15	0.0	6:28	5:45	
2	Sun	6:44	3.9	7:12	3.6	12:14	0.1	12:56	-0.1	6:26	5:46	
3	Mon	7:21	4.0	7:48	3.8	12:59	-0.1	1:35	-0.3	6:25	5:48	
4	Tue	7:56	4.1	8:23	4.0	1:42	-0.2	2:12	-0.4	6:23	5:49	
5	Wed	8:32	4.1	8:59	4.1	2:24	-0.3	2:47	-0.4	6:22	5:50	
6	Thu	9:09	4.0	9:37	4.2	3:05	-0.4	3:21	-0.4	6:20	5:51	
7	Fri	9:51	3.8	10:20	4.2	3:46	-0.3	3:56	-0.3	6:18	5:52	
8	Sat	10:38	3.6	11:10	4.2	4:30	-0.2	4:33	-0.2	6:17	5:53	
9	Sun	11:34	3.4			5:19	0.0	5:18	0.0	6:15	5:54	
10	Mon	12:07	4.1	12:36	3.2	6:22	0.2	6:19	0.3	6:14	5:55	
11	Tue	1:10	4.0	1:41	3.1	7:38	0.3	7:40	0.4	6:12	5:56	
12	Wed	2:15	4.0	2:50	3.1	8:53	0.3	9:01	0.3	6:10	5:57	
13	Thu	3:25	4.0	4:04	3.3	9:59	0.1	10:10	0.1	6:09	5:59	
14	Fri	4:36	4.1	5:12	3.6	10:56	-0.2	11:10	-0.1	6:07	6:00	
15	Sat	5:38	4.3	6:09	3.9	11:48	-0.4			6:05	6:01	
16	Sun	6:31	4.4	6:57	4.2	12:05	-0.3	12:36	-0.6	6:04	6:02	
17	Mon	7:17	4.5	7:42	4.4	12:56	-0.5	1:21	-0.7	6:02	6:03	
18	Tue	8:01	4.4	8:24	4.5	1:45	-0.5	2:04	-0.7	6:01	6:04	
19	Wed	8:43	4.3	9:04	4.4	2:30	-0.5	2:43	-0.5	5:59	6:05	
20	Thu	9:26	4.1	9:44	4.3	3:13	-0.4	3:20	-0.3	5:57	6:06	
21	Fri	10:09	3.8	10:24	4.1	3:53	-0.2	3:55	-0.1	5:56	6:07	
22	Sat	10:54	3.5	11:07	3.9	4:32	0.0	4:29	0.2	5:54	6:08	
23	Sun	11:43	3.2	11:52	3.7	5:13	0.3	5:04	0.5	5:52	6:09	
24	Mon			12:33	3.0	6:01	0.6	5:47	0.8	5:51	6:10	
25	Tue	12:41	3.5	1:25	2.9	7:02	0.8	6:46	1.0	5:49	6:11	
26	Wed	1:32	3.4	2:20	2.9	8:11	0.9	8:02	1.1	5:47	6:12	
27	Thu	2:28	3.3	3:19	2.9	9:14	0.8	9:11	1.0	5:46	6:13	
28	Fri	3:29	3.3	4:20	3.1	10:08	0.6	10:08	0.8	5:44	6:14	
29	Sat	4:31	3.5	5:14	3.4	10:54	0.4	10:59	0.5	5:42	6:15	
30	Sun	5:24	3.7	5:59	3.7	11:36	0.2	11:46	0.3	5:41	6:16	
31	Mon	6:09	3.9	6:38	4.0			12:16	0.0	5:39	6:17	