

Long Beach (inside), NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:38	3.4	1:38	3.1	7:43	0.8	7:52	0.4	7:18	4:38	
2	Fri	2:26	3.6	2:35	3.0	8:52	0.6	8:53	0.3	7:18	4:38	
3	Sat	3:21	3.8	3:42	3.0	9:55	0.3	9:51	0.1	7:18	4:39	
4	Sun	4:23	4.1	4:51	3.2	10:52	0.0	10:48	-0.1	7:18	4:40	
5	Mon	5:24	4.4	5:52	3.4	11:47	-0.3	11:43	-0.3	7:18	4:41	
6	Tue	6:19	4.7	6:48	3.6			12:41	-0.5	7:18	4:42	
7	Wed	7:11	4.9	7:40	3.8	12:40	-0.5	1:35	-0.8	7:18	4:43	
8	Thu	8:03	5.0	8:33	4.0	1:36	-0.6	2:26	-1.0	7:18	4:44	
9	Fri	8:54	4.9	9:26	4.0	2:31	-0.7	3:14	-1.0	7:18	4:45	
10	Sat	9:47	4.8	10:22	4.1	3:23	-0.7	4:01	-1.0	7:17	4:46	
11	Sun	10:41	4.5	11:18	4.0	4:14	-0.6	4:48	-0.9	7:17	4:47	
12	Mon	11:36	4.2			5:08	-0.3	5:36	-0.6	7:17	4:48	
13	Tue	12:14	4.0	12:31	3.9	6:06	0.0	6:28	-0.4	7:17	4:49	
14	Wed	1:07	3.9	1:24	3.5	7:11	0.2	7:25	-0.1	7:16	4:50	
15	Thu	1:59	3.8	2:18	3.3	8:19	0.3	8:23	0.1	7:16	4:51	
16	Fri	2:52	3.7	3:16	3.0	9:23	0.3	9:19	0.2	7:15	4:52	
17	Sat	3:49	3.7	4:18	3.0	10:20	0.3	10:11	0.2	7:15	4:54	
18	Sun	4:47	3.7	5:17	3.0	11:11	0.2	11:00	0.2	7:14	4:55	
19	Mon	5:40	3.8	6:09	3.1	11:58	0.1	11:47	0.2	7:14	4:56	
20	Tue	6:26	3.9	6:54	3.2			12:43	0.0	7:13	4:57	
21	Wed	7:07	3.9	7:35	3.3	12:32	0.1	1:25	-0.1	7:13	4:58	
22	Thu	7:46	4.0	8:15	3.4	1:16	0.0	2:05	-0.2	7:12	4:59	
23	Fri	8:22	3.9	8:53	3.4	1:59	0.0	2:42	-0.2	7:11	5:01	
24	Sat	8:56	3.9	9:31	3.4	2:39	0.0	3:16	-0.2	7:11	5:02	
25	Sun	9:29	3.7	10:07	3.4	3:16	0.0	3:48	-0.2	7:10	5:03	
26	Mon	10:01	3.6	10:43	3.4	3:51	0.1	4:17	-0.1	7:09	5:04	
27	Tue	10:36	3.4	11:21	3.4	4:26	0.2	4:45	0.0	7:08	5:05	
28	Wed	11:17	3.3			5:04	0.3	5:15	0.1	7:08	5:07	
29	Thu	12:03	3.4	12:06	3.1	5:51	0.5	5:54	0.2	7:07	5:08	
30	Fri	12:50	3.5	1:00	3.0	6:57	0.5	6:51	0.3	7:06	5:09	
31	Sat	1:42	3.6	2:01	2.9	8:15	0.5	8:07	0.3	7:05	5:10	