

Long Beach (inside), NY - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:14	3.8	1:43	2.9	7:48	0.5	7:40	0.4	6:28	5:45	
2	Mon	2:19	3.8	2:54	3.0	9:05	0.3	9:05	0.3	6:27	5:46	
3	Tue	3:32	3.9	4:10	3.2	10:10	0.1	10:16	0.0	6:25	5:47	
4	Wed	4:45	4.2	5:19	3.6	11:07	-0.3	11:17	-0.3	6:23	5:48	
5	Thu	5:47	4.4	6:17	4.0			12:00	-0.6	6:22	5:49	
6	Fri	6:41	4.7	7:08	4.3	12:14	-0.6	12:50	-0.8	6:20	5:51	
7	Sat	7:30	4.8	7:56	4.6	1:09	-0.8	1:39	-1.0	6:19	5:52	
8	Sun	8:18	4.7	8:43	4.7	2:02	-0.9	2:24	-1.1	6:17	5:53	
9	Mon	9:05	4.5	9:30	4.6	2:51	-0.9	3:08	-0.9	6:16	5:54	
10	Tue	9:54	4.3	10:17	4.5	3:38	-0.7	3:49	-0.7	6:14	5:55	
11	Wed	10:44	3.9	11:06	4.2	4:24	-0.4	4:30	-0.4	6:12	5:56	
12	Thu	11:36	3.6	11:57	3.9	5:12	-0.1	5:13	0.0	6:11	5:57	
13	Fri			12:30	3.3	6:05	0.3	6:01	0.4	6:09	5:58	
14	Sat	12:48	3.7	1:24	3.1	7:07	0.5	7:00	0.7	6:07	5:59	
15	Sun	1:41	3.5	2:19	2.9	8:15	0.7	8:09	0.9	6:06	6:00	
16	Mon	2:37	3.3	3:18	2.9	9:19	0.7	9:15	0.8	6:04	6:01	
17	Tue	3:39	3.3	4:20	3.0	10:13	0.6	10:11	0.7	6:03	6:03	
18	Wed	4:40	3.4	5:16	3.2	10:59	0.4	11:01	0.5	6:01	6:04	
19	Thu	5:33	3.6	6:03	3.5	11:40	0.2	11:46	0.3	5:59	6:05	
20	Fri	6:16	3.7	6:43	3.7			12:20	0.1	5:58	6:06	
21	Sat	6:54	3.8	7:19	3.9	12:30	0.2	12:58	0.0	5:56	6:07	
22	Sun	7:30	3.9	7:53	4.1	1:12	0.0	1:34	-0.1	5:54	6:08	
23	Mon	8:03	3.9	8:24	4.2	1:53	-0.1	2:09	-0.1	5:53	6:09	
24	Tue	8:36	3.8	8:56	4.2	2:33	-0.1	2:42	-0.1	5:51	6:10	
25	Wed	9:10	3.7	9:29	4.2	3:11	-0.1	3:14	0.0	5:49	6:11	
26	Thu	9:48	3.5	10:08	4.2	3:49	-0.1	3:45	0.1	5:48	6:12	
27	Fri	10:33	3.4	10:56	4.1	4:29	0.1	4:20	0.2	5:46	6:13	
28	Sat	11:29	3.3	11:55	4.1	5:16	0.2	5:04	0.4	5:44	6:14	
29	Sun			12:32	3.2	6:17	0.4	6:06	0.5	5:43	6:15	
30	Mon	1:00	4.0	1:38	3.2	7:32	0.5	7:34	0.6	5:41	6:16	
31	Tue	2:06	4.0	2:46	3.3	8:45	0.3	8:56	0.5	5:39	6:17	