

Long Beach (inside), NY - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:01	4.2	5:40	4.4	11:16	-0.1	11:50	0.1	5:53	7:49	
2	Sat	6:02	4.2	6:35	4.7			12:05	-0.2	5:52	7:50	
3	Sun	6:57	4.3	7:24	4.9	12:43	-0.1	12:53	-0.3	5:50	7:51	
4	Mon	7:47	4.3	8:09	5.0	1:35	-0.2	1:39	-0.3	5:49	7:53	
5	Tue	8:34	4.2	8:51	5.0	2:25	-0.3	2:25	-0.2	5:48	7:54	
6	Wed	9:20	4.1	9:33	4.8	3:13	-0.3	3:09	0.0	5:47	7:55	
7	Thu	10:06	3.9	10:16	4.6	3:58	-0.2	3:52	0.2	5:46	7:56	
8	Fri	10:54	3.7	11:00	4.4	4:40	0.0	4:33	0.4	5:45	7:57	
9	Sat	11:45	3.6	11:48	4.1	5:22	0.2	5:13	0.7	5:43	7:58	
10	Sun			12:38	3.4	6:05	0.5	5:55	0.9	5:42	7:59	
11	Mon	12:38	3.9	1:30	3.4	6:53	0.7	6:45	1.1	5:41	8:00	
12	Tue	1:30	3.7	2:20	3.4	7:47	0.8	7:47	1.3	5:40	8:01	
13	Wed	2:19	3.6	3:09	3.4	8:44	0.9	8:55	1.3	5:39	8:02	
14	Thu	3:08	3.5	3:58	3.6	9:37	0.8	9:57	1.2	5:38	8:03	
15	Fri	3:59	3.5	4:48	3.7	10:25	0.7	10:52	1.0	5:37	8:04	
16	Sat	4:54	3.5	5:38	4.0	11:09	0.6	11:42	0.7	5:36	8:04	
17	Sun	5:49	3.5	6:23	4.2	11:51	0.5			5:35	8:05	
18	Mon	6:39	3.6	7:04	4.5	12:29	0.5	12:32	0.4	5:35	8:06	
19	Tue	7:24	3.7	7:44	4.7	1:15	0.3	1:13	0.3	5:34	8:07	
20	Wed	8:07	3.8	8:23	4.9	2:02	0.1	1:57	0.3	5:33	8:08	
21	Thu	8:51	3.8	9:05	5.0	2:50	-0.1	2:44	0.2	5:32	8:09	
22	Fri	9:37	3.8	9:51	5.0	3:38	-0.2	3:31	0.2	5:31	8:10	
23	Sat	10:27	3.8	10:43	4.9	4:24	-0.2	4:19	0.2	5:31	8:11	
24	Sun	11:24	3.8	11:40	4.7	5:12	-0.1	5:08	0.3	5:30	8:12	
25	Mon			12:25	3.8	6:01	0.0	6:03	0.5	5:29	8:13	
26	Tue	12:41	4.6	1:26	3.9	6:56	0.1	7:08	0.6	5:29	8:14	
27	Wed	1:41	4.4	2:24	4.1	7:56	0.1	8:21	0.7	5:28	8:14	
28	Thu	2:39	4.3	3:20	4.2	8:56	0.1	9:31	0.6	5:27	8:15	
29	Fri	3:36	4.1	4:17	4.4	9:54	0.1	10:35	0.5	5:27	8:16	
30	Sat	4:36	4.0	5:15	4.6	10:47	0.0	11:33	0.3	5:26	8:17	
31	Sun	5:37	4.0	6:10	4.7	11:37	0.0			5:26	8:18	