

Long Beach (inside), NY - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:06	3.7	7:25	4.6	12:58	0.3	12:46	0.5	5:27	8:29	
2	Thu	7:55	3.7	8:08	4.6	1:46	0.3	1:34	0.5	5:27	8:29	
3	Fri	8:40	3.7	8:50	4.6	2:33	0.2	2:20	0.6	5:28	8:29	
4	Sat	9:24	3.8	9:30	4.5	3:16	0.2	3:05	0.6	5:28	8:28	
5	Sun	10:07	3.7	10:09	4.4	3:56	0.2	3:47	0.6	5:29	8:28	
6	Mon	10:51	3.7	10:48	4.2	4:33	0.3	4:27	0.7	5:30	8:28	
7	Tue	11:35	3.7	11:27	4.0	5:08	0.3	5:05	0.8	5:30	8:28	
8	Wed			12:19	3.7	5:41	0.4	5:44	1.0	5:31	8:27	
9	Thu	12:07	3.9	1:02	3.7	6:15	0.6	6:26	1.1	5:31	8:27	
10	Fri	12:49	3.7	1:42	3.8	6:50	0.7	7:17	1.2	5:32	8:27	
11	Sat	1:32	3.6	2:22	3.9	7:31	0.8	8:20	1.2	5:33	8:26	
12	Sun	2:19	3.5	3:05	4.0	8:21	0.8	9:27	1.1	5:34	8:26	
13	Mon	3:10	3.4	3:54	4.2	9:19	0.8	10:30	0.9	5:34	8:25	
14	Tue	4:10	3.3	4:51	4.4	10:19	0.7	11:28	0.7	5:35	8:25	
15	Wed	5:19	3.4	5:53	4.6	11:17	0.6			5:36	8:24	
16	Thu	6:24	3.5	6:51	4.9	12:22	0.4	12:14	0.4	5:37	8:23	
17	Fri	7:22	3.8	7:44	5.1	1:16	0.1	1:10	0.2	5:37	8:23	
18	Sat	8:15	4.0	8:35	5.3	2:09	-0.1	2:07	0.0	5:38	8:22	
19	Sun	9:07	4.3	9:26	5.3	3:01	-0.4	3:04	-0.1	5:39	8:22	
20	Mon	10:00	4.4	10:19	5.2	3:50	-0.5	3:58	-0.2	5:40	8:21	
21	Tue	10:55	4.6	11:12	5.0	4:36	-0.6	4:50	-0.1	5:41	8:20	
22	Wed	11:50	4.6			5:22	-0.5	5:43	0.1	5:42	8:19	
23	Thu	12:07	4.7	12:46	4.6	6:09	-0.4	6:39	0.3	5:43	8:18	
24	Fri	1:03	4.4	1:41	4.6	6:59	-0.1	7:42	0.5	5:43	8:18	
25	Sat	1:58	4.1	2:33	4.6	7:53	0.2	8:49	0.7	5:44	8:17	
26	Sun	2:52	3.9	3:25	4.4	8:51	0.4	9:55	0.7	5:45	8:16	
27	Mon	3:48	3.6	4:21	4.4	9:50	0.6	10:55	0.7	5:46	8:15	
28	Tue	4:49	3.5	5:19	4.3	10:46	0.7	11:49	0.6	5:47	8:14	
29	Wed	5:51	3.5	6:16	4.3	11:38	0.7			5:48	8:13	
30	Thu	6:47	3.6	7:06	4.4	12:38	0.5	12:26	0.7	5:49	8:12	
31	Fri	7:36	3.7	7:49	4.5	1:24	0.5	1:13	0.6	5:50	8:11	