

## Long Beach (inside), NY - Aug 1970

| Date |     | High  |     |       |     | Low   |      |          |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 8:19  | 3.8 | 8:29  | 4.5 | 2:08  | 0.4  | 1:59     | 0.6  | 5:51                                                                                | 8:10 |    |
| 2    | Sun | 9:00  | 3.9 | 9:07  | 4.5 | 2:49  | 0.3  | 2:43     | 0.6  | 5:52                                                                                | 8:09 |    |
| 3    | Mon | 9:40  | 3.9 | 9:43  | 4.4 | 3:27  | 0.3  | 3:25     | 0.6  | 5:53                                                                                | 8:08 |    |
| 4    | Tue | 10:18 | 4.0 | 10:17 | 4.2 | 4:02  | 0.3  | 4:04     | 0.6  | 5:54                                                                                | 8:07 |    |
| 5    | Wed | 10:56 | 3.9 | 10:51 | 4.1 | 4:34  | 0.3  | 4:41     | 0.7  | 5:55                                                                                | 8:05 |    |
| 6    | Thu | 11:33 | 3.9 | 11:25 | 3.9 | 5:04  | 0.4  | 5:16     | 0.8  | 5:56                                                                                | 8:04 |    |
| 7    | Fri |       |     | 12:11 | 3.9 | 5:33  | 0.5  | 5:54     | 0.9  | 5:57                                                                                | 8:03 |    |
| 8    | Sat | 12:04 | 3.7 | 12:50 | 4.0 | 6:01  | 0.6  | 6:37     | 1.0  | 5:58                                                                                | 8:02 |    |
| 9    | Sun | 12:49 | 3.6 | 1:33  | 4.0 | 6:35  | 0.8  | 7:34     | 1.1  | 5:58                                                                                | 8:01 |    |
| 10   | Mon | 1:40  | 3.4 | 2:21  | 4.1 | 7:21  | 0.9  | 8:47     | 1.1  | 5:59                                                                                | 7:59 |    |
| 11   | Tue | 2:36  | 3.3 | 3:15  | 4.2 | 8:29  | 0.9  | 9:59     | 1.0  | 6:00                                                                                | 7:58 |    |
| 12   | Wed | 3:39  | 3.3 | 4:19  | 4.4 | 9:46  | 0.9  | 11:03    | 0.7  | 6:01                                                                                | 7:57 |   |
| 13   | Thu | 4:52  | 3.4 | 5:28  | 4.6 | 10:55 | 0.7  |          |      | 6:02                                                                                | 7:55 |  |
| 14   | Fri | 6:03  | 3.7 | 6:31  | 4.9 | 12:00 | 0.4  | 11:57 AM | 0.4  | 6:03                                                                                | 7:54 |  |
| 15   | Sat | 7:04  | 4.0 | 7:27  | 5.2 | 12:54 | 0.1  | 12:56    | 0.1  | 6:04                                                                                | 7:53 |  |
| 16   | Sun | 7:57  | 4.4 | 8:19  | 5.3 | 1:46  | -0.2 | 1:53     | -0.1 | 6:05                                                                                | 7:51 |  |
| 17   | Mon | 8:48  | 4.7 | 9:09  | 5.3 | 2:36  | -0.5 | 2:49     | -0.3 | 6:06                                                                                | 7:50 |  |
| 18   | Tue | 9:39  | 4.9 | 9:59  | 5.2 | 3:24  | -0.6 | 3:42     | -0.3 | 6:07                                                                                | 7:49 |  |
| 19   | Wed | 10:30 | 5.0 | 10:50 | 5.0 | 4:10  | -0.6 | 4:34     | -0.2 | 6:08                                                                                | 7:47 |  |
| 20   | Thu | 11:23 | 4.9 | 11:43 | 4.7 | 4:55  | -0.5 | 5:24     | 0.0  | 6:09                                                                                | 7:46 |  |
| 21   | Fri |       |     | 12:17 | 4.8 | 5:39  | -0.3 | 6:17     | 0.2  | 6:10                                                                                | 7:44 |  |
| 22   | Sat | 12:39 | 4.3 | 1:11  | 4.7 | 6:26  | 0.1  | 7:16     | 0.5  | 6:11                                                                                | 7:43 |  |
| 23   | Sun | 1:35  | 4.0 | 2:04  | 4.5 | 7:19  | 0.4  | 8:22     | 0.8  | 6:12                                                                                | 7:41 |  |
| 24   | Mon | 2:30  | 3.7 | 2:58  | 4.3 | 8:18  | 0.7  | 9:30     | 0.9  | 6:13                                                                                | 7:40 |  |
| 25   | Tue | 3:27  | 3.5 | 3:53  | 4.2 | 9:22  | 0.9  | 10:32    | 0.9  | 6:14                                                                                | 7:38 |  |
| 26   | Wed | 4:27  | 3.4 | 4:53  | 4.1 | 10:23 | 1.0  | 11:26    | 0.8  | 6:15                                                                                | 7:37 |  |
| 27   | Thu | 5:29  | 3.5 | 5:52  | 4.1 | 11:18 | 0.9  |          |      | 6:16                                                                                | 7:35 |  |
| 28   | Fri | 6:25  | 3.6 | 6:43  | 4.2 | 12:14 | 0.7  | 12:07    | 0.8  | 6:17                                                                                | 7:34 |  |
| 29   | Sat | 7:13  | 3.8 | 7:26  | 4.3 | 12:57 | 0.6  | 12:52    | 0.7  | 6:18                                                                                | 7:32 |  |
| 30   | Sun | 7:54  | 4.0 | 8:05  | 4.4 | 1:37  | 0.5  | 1:36     | 0.6  | 6:19                                                                                | 7:30 |  |
| 31   | Mon | 8:33  | 4.1 | 8:40  | 4.4 | 2:16  | 0.4  | 2:19     | 0.5  | 6:20                                                                                | 7:29 |  |