

Long Beach (inside), NY - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:11	3.7	10:07	4.3	4:03	0.1	3:56	0.4	5:52	7:50	
2	Sun	10:50	3.6	10:41	4.3	4:40	0.2	4:31	0.5	5:51	7:51	
3	Mon	11:32	3.5	11:21	4.2	5:16	0.3	5:07	0.6	5:50	7:52	
4	Tue			12:20	3.5	5:55	0.4	5:46	0.7	5:49	7:53	
5	Wed	12:10	4.1	1:12	3.5	6:40	0.5	6:37	0.8	5:47	7:54	
6	Thu	1:08	4.1	2:06	3.7	7:36	0.5	7:46	0.8	5:46	7:55	
7	Fri	2:07	4.1	3:01	3.9	8:41	0.5	9:03	0.7	5:45	7:56	
8	Sat	3:08	4.1	3:59	4.1	9:44	0.3	10:13	0.5	5:44	7:57	
9	Sun	4:13	4.1	5:01	4.5	10:42	0.1	11:15	0.2	5:43	7:58	
10	Mon	5:20	4.2	6:01	4.8	11:36	-0.2			5:42	7:59	
11	Tue	6:24	4.3	6:57	5.1	12:13	-0.2	12:29	-0.3	5:41	8:00	
12	Wed	7:21	4.5	7:49	5.4	1:09	-0.4	1:21	-0.5	5:40	8:01	
13	Thu	8:14	4.6	8:40	5.5	2:04	-0.6	2:14	-0.5	5:39	8:02	
14	Fri	9:07	4.5	9:30	5.4	2:58	-0.7	3:07	-0.4	5:38	8:03	
15	Sat	10:00	4.5	10:22	5.2	3:49	-0.7	3:58	-0.3	5:37	8:04	
16	Sun	10:55	4.3	11:15	4.9	4:39	-0.6	4:48	-0.1	5:36	8:05	
17	Mon	11:52	4.2			5:27	-0.4	5:37	0.2	5:35	8:06	
18	Tue	12:10	4.6	12:49	4.0	6:16	-0.1	6:30	0.5	5:34	8:07	
19	Wed	1:05	4.4	1:44	3.9	7:09	0.2	7:29	0.8	5:33	8:08	
20	Thu	1:58	4.1	2:35	3.9	8:04	0.4	8:33	0.9	5:32	8:09	
21	Fri	2:48	3.9	3:25	3.9	9:00	0.5	9:34	1.0	5:32	8:10	
22	Sat	3:39	3.7	4:15	3.9	9:51	0.6	10:30	0.9	5:31	8:11	
23	Sun	4:32	3.6	5:06	4.0	10:39	0.6	11:20	0.8	5:30	8:11	
24	Mon	5:26	3.6	5:56	4.2	11:23	0.5			5:29	8:12	
25	Tue	6:18	3.6	6:41	4.3	12:07	0.6	12:05	0.5	5:29	8:13	
26	Wed	7:05	3.7	7:22	4.5	12:51	0.4	12:47	0.4	5:28	8:14	
27	Thu	7:48	3.8	7:59	4.5	1:35	0.3	1:28	0.4	5:28	8:15	
28	Fri	8:29	3.8	8:35	4.6	2:19	0.2	2:11	0.4	5:27	8:16	
29	Sat	9:08	3.8	9:10	4.6	3:01	0.1	2:52	0.4	5:27	8:16	
30	Sun	9:48	3.8	9:44	4.6	3:42	0.1	3:33	0.4	5:26	8:17	
31	Mon	10:29	3.8	10:22	4.5	4:21	0.1	4:13	0.5	5:26	8:18	