

Long Beach (inside), NY - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:13	3.7	11:04	4.4	4:59	0.1	4:53	0.5	5:25	8:19	
2	Wed			12:01	3.8	5:38	0.2	5:36	0.6	5:25	8:19	
3	Thu			12:54	3.9	6:21	0.2	6:27	0.7	5:24	8:20	
4	Fri	12:51	4.3	1:47	4.0	7:12	0.3	7:31	0.7	5:24	8:21	
5	Sat	1:50	4.2	2:41	4.2	8:11	0.3	8:44	0.7	5:24	8:21	
6	Sun	2:48	4.1	3:37	4.5	9:13	0.2	9:54	0.5	5:23	8:22	
7	Mon	3:50	4.1	4:37	4.7	10:13	0.1	10:57	0.3	5:23	8:23	
8	Tue	4:56	4.1	5:38	4.9	11:10	-0.1	11:56	0.0	5:23	8:23	
9	Wed	6:02	4.1	6:37	5.1			12:05	-0.2	5:23	8:24	
10	Thu	7:02	4.3	7:31	5.3	12:52	-0.2	1:00	-0.2	5:23	8:24	
11	Fri	7:58	4.4	8:22	5.4	1:47	-0.4	1:54	-0.2	5:23	8:25	
12	Sat	8:51	4.4	9:12	5.3	2:40	-0.5	2:48	-0.2	5:23	8:25	
13	Sun	9:43	4.4	10:02	5.1	3:31	-0.5	3:39	-0.1	5:23	8:26	
14	Mon	10:36	4.3	10:52	4.9	4:19	-0.4	4:28	0.1	5:22	8:26	
15	Tue	11:29	4.2	11:43	4.6	5:04	-0.3	5:15	0.3	5:23	8:27	
16	Wed			12:22	4.1	5:49	-0.1	6:03	0.6	5:23	8:27	
17	Thu	12:34	4.3	1:13	4.0	6:34	0.2	6:54	0.8	5:23	8:27	
18	Fri	1:24	4.1	2:01	4.0	7:21	0.4	7:51	1.0	5:23	8:28	
19	Sat	2:12	3.9	2:47	4.0	8:11	0.6	8:52	1.1	5:23	8:28	
20	Sun	2:59	3.7	3:33	4.0	9:02	0.7	9:50	1.0	5:23	8:28	
21	Mon	3:49	3.5	4:21	4.0	9:52	0.7	10:44	0.9	5:23	8:28	
22	Tue	4:42	3.5	5:12	4.1	10:40	0.7	11:33	0.8	5:24	8:29	
23	Wed	5:38	3.5	6:02	4.2	11:26	0.6			5:24	8:29	
24	Thu	6:31	3.6	6:48	4.4	12:20	0.6	12:11	0.5	5:24	8:29	
25	Fri	7:18	3.7	7:30	4.5	1:06	0.4	12:56	0.5	5:25	8:29	
26	Sat	8:02	3.8	8:08	4.6	1:51	0.3	1:41	0.4	5:25	8:29	
27	Sun	8:43	3.9	8:46	4.7	2:36	0.1	2:27	0.4	5:25	8:29	
28	Mon	9:24	3.9	9:25	4.7	3:19	0.0	3:12	0.3	5:26	8:29	
29	Tue	10:07	4.0	10:06	4.7	4:00	0.0	3:56	0.3	5:26	8:29	
30	Wed	10:52	4.0	10:51	4.6	4:39	-0.1	4:40	0.3	5:27	8:29	