

Long Beach (inside), NY - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:10	4.1	2:44	4.7	8:09	0.4	9:05	0.6	6:22	7:26	
2	Thu	3:10	3.9	3:44	4.6	9:19	0.6	10:11	0.5	6:22	7:25	
3	Fri	4:13	3.9	4:46	4.5	10:24	0.5	11:09	0.4	6:23	7:23	
4	Sat	5:18	4.0	5:47	4.6	11:22	0.5			6:24	7:22	
5	Sun	6:18	4.1	6:41	4.6	12:01	0.3	12:15	0.4	6:25	7:20	
6	Mon	7:09	4.3	7:29	4.7	12:48	0.2	1:04	0.3	6:26	7:18	
7	Tue	7:54	4.4	8:11	4.7	1:32	0.1	1:50	0.3	6:27	7:17	
8	Wed	8:34	4.5	8:51	4.6	2:14	0.1	2:35	0.3	6:28	7:15	
9	Thu	9:13	4.6	9:30	4.5	2:54	0.1	3:17	0.3	6:29	7:13	
10	Fri	9:51	4.5	10:09	4.3	3:32	0.1	3:57	0.4	6:30	7:12	
11	Sat	10:28	4.4	10:49	4.1	4:07	0.3	4:35	0.5	6:31	7:10	
12	Sun	11:06	4.3	11:30	3.9	4:40	0.4	5:12	0.7	6:32	7:08	
13	Mon	11:45	4.2			5:13	0.6	5:50	0.8	6:33	7:07	
14	Tue	12:15	3.7	12:27	4.0	5:47	0.8	6:33	1.0	6:34	7:05	
15	Wed	1:04	3.5	1:13	4.0	6:25	1.0	7:28	1.2	6:35	7:03	
16	Thu	1:54	3.4	2:02	3.9	7:16	1.1	8:35	1.2	6:36	7:02	
17	Fri	2:45	3.4	2:54	4.0	8:25	1.2	9:40	1.1	6:37	7:00	
18	Sat	3:40	3.5	3:51	4.1	9:36	1.1	10:37	0.9	6:38	6:58	
19	Sun	4:39	3.7	4:52	4.2	10:38	0.9	11:27	0.6	6:39	6:56	
20	Mon	5:38	4.0	5:53	4.5	11:34	0.6			6:40	6:55	
21	Tue	6:31	4.3	6:46	4.7	12:15	0.3	12:26	0.2	6:41	6:53	
22	Wed	7:20	4.7	7:35	4.9	1:01	0.0	1:18	-0.1	6:42	6:51	
23	Thu	8:06	5.1	8:23	5.1	1:48	-0.3	2:10	-0.3	6:43	6:50	
24	Fri	8:53	5.3	9:11	5.0	2:35	-0.4	3:02	-0.4	6:44	6:48	
25	Sat	9:41	5.4	10:01	4.9	3:23	-0.5	3:54	-0.4	6:45	6:46	
26	Sun	10:32	5.3	10:56	4.7	4:10	-0.4	4:44	-0.3	6:46	6:45	
27	Mon	11:27	5.2	11:54	4.4	4:58	-0.3	5:36	-0.1	6:47	6:43	
28	Tue			12:26	5.0	5:48	0.0	6:33	0.1	6:48	6:41	
29	Wed	12:56	4.2	1:27	4.8	6:45	0.3	7:37	0.4	6:49	6:40	
30	Thu	1:58	4.1	2:27	4.6	7:52	0.6	8:44	0.5	6:50	6:38	