

Long Beach (inside), NY - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:58	4.0	3:25	4.4	9:03	0.7	9:49	0.5	6:51	6:36	
2	Sat	3:59	4.0	4:24	4.3	10:09	0.7	10:46	0.5	6:52	6:35	
3	Sun	4:59	4.0	5:24	4.3	11:06	0.6	11:36	0.4	6:53	6:33	
4	Mon	5:56	4.2	6:17	4.4	11:57	0.5			6:54	6:31	
5	Tue	6:45	4.3	7:04	4.4	12:20	0.3	12:44	0.4	6:55	6:30	
6	Wed	7:28	4.5	7:46	4.4	1:01	0.2	1:28	0.3	6:56	6:28	
7	Thu	8:07	4.6	8:25	4.4	1:41	0.2	2:10	0.3	6:57	6:27	
8	Fri	8:43	4.7	9:03	4.3	2:19	0.2	2:52	0.3	6:58	6:25	
9	Sat	9:18	4.6	9:41	4.2	2:57	0.3	3:32	0.3	6:59	6:23	
10	Sun	9:52	4.5	10:19	4.0	3:33	0.4	4:10	0.4	7:00	6:22	
11	Mon	10:26	4.4	10:58	3.8	4:08	0.5	4:46	0.5	7:01	6:20	
12	Tue	11:00	4.2	11:41	3.6	4:41	0.6	5:23	0.7	7:02	6:19	
13	Wed	11:38	4.1			5:14	0.8	6:02	0.8	7:03	6:17	
14	Thu	12:29	3.5	12:23	4.0	5:51	1.0	6:49	1.0	7:04	6:16	
15	Fri	1:21	3.4	1:17	4.0	6:37	1.1	7:49	1.0	7:06	6:14	
16	Sat	2:14	3.5	2:14	4.0	7:43	1.2	8:56	0.9	7:07	6:13	
17	Sun	3:07	3.6	3:12	4.1	9:01	1.1	9:57	0.7	7:08	6:11	
18	Mon	4:04	3.8	4:14	4.2	10:09	0.8	10:51	0.5	7:09	6:10	
19	Tue	5:03	4.2	5:18	4.4	11:09	0.5	11:41	0.1	7:10	6:08	
20	Wed	6:00	4.6	6:18	4.6			12:04	0.1	7:11	6:07	
21	Thu	6:53	5.0	7:12	4.8	12:29	-0.1	12:58	-0.2	7:12	6:05	
22	Fri	7:42	5.3	8:02	4.9	1:18	-0.4	1:51	-0.4	7:13	6:04	
23	Sat	8:31	5.5	8:53	4.9	2:08	-0.5	2:45	-0.6	7:14	6:02	
24	Sun	9:20	5.6	9:45	4.8	2:58	-0.5	3:38	-0.6	7:15	6:01	
25	Mon	10:12	5.4	10:40	4.6	3:49	-0.5	4:29	-0.5	7:17	6:00	
26	Tue	11:07	5.2	11:39	4.3	4:39	-0.3	5:20	-0.3	7:18	5:58	
27	Wed			12:06	4.9	5:31	0.0	6:14	-0.1	7:19	5:57	
28	Thu	12:41	4.2	1:06	4.7	6:27	0.3	7:14	0.2	7:20	5:56	
29	Fri	1:42	4.0	2:04	4.4	7:31	0.6	8:17	0.4	7:21	5:54	
30	Sat	2:40	4.0	3:00	4.2	8:40	0.8	9:19	0.5	7:22	5:53	
31	Sun	2:36	3.9	2:56	4.1	8:46	0.8	9:15	0.4	6:24	4:52	