

Long Beach (inside), NY - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:49	3.8	4:08	3.5	10:05	0.6	10:09	0.3	6:59	4:28	
2	Thu	4:40	4.0	5:01	3.5	10:52	0.4	10:52	0.3	7:00	4:28	
3	Fri	5:27	4.1	5:49	3.6	11:36	0.3	11:33	0.2	7:01	4:27	
4	Sat	6:09	4.2	6:33	3.6			12:19	0.2	7:02	4:27	
5	Sun	6:48	4.3	7:14	3.7	12:14	0.2	1:02	0.1	7:03	4:27	
6	Mon	7:24	4.4	7:53	3.7	12:56	0.1	1:45	0.0	7:04	4:27	
7	Tue	7:59	4.4	8:32	3.6	1:37	0.1	2:26	-0.1	7:05	4:27	
8	Wed	8:32	4.3	9:10	3.5	2:18	0.2	3:04	-0.1	7:05	4:27	
9	Thu	9:06	4.2	9:50	3.5	2:56	0.2	3:41	0.0	7:06	4:27	
10	Fri	9:44	4.1	10:34	3.5	3:34	0.3	4:18	0.0	7:07	4:27	
11	Sat	10:27	4.0	11:23	3.5	4:13	0.3	4:56	0.1	7:08	4:27	
12	Sun	11:19	3.9			4:57	0.4	5:40	0.1	7:09	4:27	
13	Mon	12:16	3.6	12:16	3.9	5:52	0.5	6:34	0.1	7:09	4:28	
14	Tue	1:09	3.8	1:15	3.8	7:03	0.5	7:37	0.1	7:10	4:28	
15	Wed	2:04	4.0	2:15	3.7	8:17	0.4	8:40	0.0	7:11	4:28	
16	Thu	3:03	4.2	3:20	3.7	9:25	0.2	9:40	-0.2	7:12	4:28	
17	Fri	4:06	4.4	4:28	3.8	10:26	-0.1	10:37	-0.4	7:12	4:29	
18	Sat	5:07	4.7	5:32	3.9	11:24	-0.4	11:32	-0.6	7:13	4:29	
19	Sun	6:04	4.9	6:29	4.1			12:19	-0.7	7:13	4:30	
20	Mon	6:57	5.1	7:23	4.2	12:27	-0.7	1:13	-0.8	7:14	4:30	
21	Tue	7:47	5.1	8:15	4.2	1:21	-0.7	2:05	-0.9	7:14	4:30	
22	Wed	8:38	5.0	9:07	4.1	2:14	-0.7	2:55	-0.9	7:15	4:31	
23	Thu	9:28	4.8	10:00	4.0	3:05	-0.5	3:42	-0.8	7:15	4:31	
24	Fri	10:19	4.5	10:54	3.9	3:53	-0.3	4:27	-0.6	7:16	4:32	
25	Sat	11:11	4.2	11:47	3.8	4:41	-0.1	5:12	-0.3	7:16	4:33	
26	Sun			12:03	3.9	5:31	0.2	6:00	-0.1	7:17	4:33	
27	Mon	12:39	3.7	12:54	3.6	6:28	0.5	6:51	0.2	7:17	4:34	
28	Tue	1:27	3.6	1:43	3.4	7:29	0.6	7:44	0.3	7:17	4:35	
29	Wed	2:15	3.5	2:33	3.2	8:31	0.7	8:37	0.4	7:17	4:35	
30	Thu	3:05	3.5	3:26	3.1	9:28	0.6	9:28	0.3	7:18	4:36	
31	Fri	3:58	3.6	4:23	3.1	10:20	0.4			7:18	4:37	