

Long Beach (inside), NY - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:47	4.2	4:26	4.1	10:09	0.0	10:40	0.3	5:53	7:50	
2	Tue	4:49	4.2	5:26	4.3	11:04	0.0	11:37	0.2	5:52	7:51	
3	Wed	5:50	4.2	6:22	4.5	11:55	-0.1			5:50	7:52	
4	Thu	6:45	4.2	7:11	4.6	12:29	0.0	12:41	-0.1	5:49	7:53	
5	Fri	7:33	4.2	7:55	4.7	1:18	-0.1	1:26	-0.1	5:48	7:54	
6	Sat	8:18	4.2	8:35	4.8	2:05	-0.1	2:09	-0.1	5:47	7:55	
7	Sun	9:01	4.2	9:14	4.7	2:50	-0.1	2:51	0.0	5:46	7:56	
8	Mon	9:43	4.1	9:53	4.6	3:33	-0.1	3:32	0.2	5:44	7:57	
9	Tue	10:26	3.9	10:32	4.4	4:13	0.0	4:10	0.3	5:43	7:58	
10	Wed	11:11	3.8	11:12	4.2	4:52	0.1	4:47	0.5	5:42	7:59	
11	Thu	11:58	3.6	11:54	4.0	5:30	0.3	5:24	0.7	5:41	8:00	
12	Fri			12:47	3.5	6:09	0.5	6:04	0.9	5:40	8:01	
13	Sat	12:40	3.8	1:36	3.5	6:54	0.7	6:52	1.1	5:39	8:02	
14	Sun	1:27	3.7	2:23	3.5	7:46	0.8	7:53	1.2	5:38	8:03	
15	Mon	2:15	3.7	3:09	3.6	8:43	0.8	9:01	1.1	5:37	8:04	
16	Tue	3:05	3.6	3:58	3.7	9:39	0.7	10:04	1.0	5:36	8:05	
17	Wed	3:59	3.7	4:50	3.9	10:31	0.6	11:00	0.7	5:35	8:06	
18	Thu	4:59	3.7	5:43	4.2	11:19	0.4	11:52	0.4	5:34	8:06	
19	Fri	5:58	3.9	6:33	4.6			12:06	0.2	5:34	8:07	
20	Sat	6:52	4.1	7:20	4.9	12:43	0.1	12:53	0.0	5:33	8:08	
21	Sun	7:42	4.2	8:06	5.2	1:34	-0.2	1:41	-0.1	5:32	8:09	
22	Mon	8:31	4.4	8:53	5.3	2:26	-0.4	2:32	-0.2	5:31	8:10	
23	Tue	9:22	4.4	9:43	5.3	3:17	-0.6	3:23	-0.3	5:31	8:11	
24	Wed	10:15	4.4	10:36	5.2	4:07	-0.6	4:14	-0.2	5:30	8:12	
25	Thu	11:13	4.3	11:33	5.0	4:57	-0.6	5:05	-0.1	5:29	8:13	
26	Fri			12:13	4.3	5:48	-0.4	6:00	0.1	5:29	8:14	
27	Sat	12:33	4.8	1:14	4.3	6:43	-0.3	7:01	0.3	5:28	8:14	
28	Sun	1:32	4.6	2:12	4.3	7:42	-0.1	8:09	0.5	5:27	8:15	
29	Mon	2:30	4.4	3:08	4.3	8:43	0.0	9:18	0.5	5:27	8:16	
30	Tue	3:26	4.2	4:04	4.3	9:42	0.1	10:21	0.5	5:26	8:17	
31	Wed	4:24	4.1	5:01	4.4	10:36	0.1	11:18	0.4	5:26	8:18	