

Long Beach (inside), NY - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:22	4.0	5:56	4.5	11:26	0.1			5:25	8:18	
2	Fri	6:18	4.0	6:45	4.6	12:09	0.3	12:12	0.2	5:25	8:19	
3	Sat	7:08	4.0	7:29	4.7	12:56	0.2	12:56	0.2	5:25	8:20	
4	Sun	7:54	4.0	8:09	4.7	1:42	0.1	1:39	0.2	5:24	8:20	
5	Mon	8:37	4.0	8:48	4.7	2:27	0.1	2:21	0.3	5:24	8:21	
6	Tue	9:19	3.9	9:26	4.6	3:09	0.1	3:03	0.4	5:24	8:22	
7	Wed	10:01	3.9	10:04	4.4	3:50	0.1	3:44	0.5	5:23	8:22	
8	Thu	10:44	3.8	10:41	4.3	4:28	0.2	4:22	0.6	5:23	8:23	
9	Fri	11:29	3.7	11:20	4.1	5:05	0.3	4:59	0.7	5:23	8:24	
10	Sat			12:15	3.6	5:41	0.4	5:37	0.9	5:23	8:24	
11	Sun	12:01	4.0	1:01	3.6	6:19	0.5	6:19	1.0	5:23	8:25	
12	Mon	12:45	3.9	1:45	3.7	7:01	0.6	7:11	1.1	5:23	8:25	
13	Tue	1:32	3.8	2:29	3.8	7:50	0.7	8:15	1.1	5:23	8:26	
14	Wed	2:21	3.8	3:14	3.9	8:45	0.7	9:23	1.0	5:23	8:26	
15	Thu	3:14	3.7	4:05	4.2	9:42	0.6	10:25	0.8	5:23	8:26	
16	Fri	4:14	3.8	5:01	4.4	10:36	0.4	11:22	0.4	5:23	8:27	
17	Sat	5:19	3.8	5:58	4.7	11:29	0.2			5:23	8:27	
18	Sun	6:21	4.0	6:53	5.1	12:17	0.1	12:22	0.0	5:23	8:28	
19	Mon	7:18	4.2	7:45	5.3	1:11	-0.2	1:15	-0.2	5:23	8:28	
20	Tue	8:12	4.4	8:36	5.5	2:05	-0.4	2:11	-0.3	5:23	8:28	
21	Wed	9:06	4.5	9:28	5.5	2:59	-0.6	3:06	-0.3	5:23	8:28	
22	Thu	10:01	4.5	10:22	5.4	3:51	-0.7	4:00	-0.3	5:23	8:29	
23	Fri	10:58	4.5	11:18	5.2	4:41	-0.7	4:53	-0.2	5:24	8:29	
24	Sat	11:57	4.5			5:31	-0.6	5:47	0.0	5:24	8:29	
25	Sun	12:16	4.9	12:56	4.5	6:22	-0.4	6:44	0.3	5:24	8:29	
26	Mon	1:13	4.6	1:52	4.5	7:16	-0.2	7:48	0.5	5:25	8:29	
27	Tue	2:08	4.4	2:46	4.4	8:13	0.0	8:54	0.6	5:25	8:29	
28	Wed	3:02	4.1	3:38	4.4	9:11	0.2	9:56	0.6	5:25	8:29	
29	Thu	3:56	3.9	4:31	4.4	10:05	0.3	10:53	0.6	5:26	8:29	
30	Fri	4:52	3.8	5:25	4.4	10:55	0.4	11:45	0.5	5:26	8:29	