

Long Beach (inside), NY - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:04	3.8	7:20	4.4	12:50	0.5	12:44	0.6	5:51	8:10	
2	Wed	7:48	3.9	8:00	4.5	1:33	0.4	1:28	0.5	5:52	8:09	
3	Thu	8:29	4.0	8:38	4.5	2:15	0.3	2:13	0.5	5:53	8:08	
4	Fri	9:09	4.0	9:13	4.5	2:56	0.2	2:55	0.4	5:54	8:07	
5	Sat	9:47	4.1	9:47	4.4	3:34	0.2	3:36	0.5	5:55	8:05	
6	Sun	10:24	4.0	10:21	4.3	4:10	0.2	4:15	0.5	5:56	8:04	
7	Mon	11:01	4.0	10:56	4.2	4:43	0.2	4:52	0.6	5:57	8:03	
8	Tue	11:40	4.1	11:37	4.1	5:15	0.3	5:30	0.6	5:58	8:02	
9	Wed			12:23	4.1	5:48	0.4	6:13	0.7	5:59	8:01	
10	Thu	12:25	4.0	1:12	4.2	6:26	0.5	7:07	0.8	6:00	7:59	
11	Fri	1:20	3.9	2:04	4.3	7:16	0.6	8:16	0.8	6:01	7:58	
12	Sat	2:18	3.8	3:00	4.4	8:23	0.6	9:29	0.7	6:01	7:57	
13	Sun	3:20	3.8	4:01	4.6	9:35	0.5	10:35	0.5	6:02	7:55	
14	Mon	4:29	3.9	5:08	4.8	10:42	0.3	11:35	0.2	6:03	7:54	
15	Tue	5:39	4.0	6:12	5.0	11:44	0.1			6:04	7:53	
16	Wed	6:43	4.3	7:10	5.2	12:31	-0.1	12:42	-0.1	6:05	7:51	
17	Thu	7:40	4.6	8:04	5.4	1:25	-0.4	1:39	-0.3	6:06	7:50	
18	Fri	8:32	4.8	8:55	5.4	2:18	-0.6	2:34	-0.4	6:07	7:48	
19	Sat	9:24	5.0	9:45	5.3	3:08	-0.7	3:28	-0.4	6:08	7:47	
20	Sun	10:15	5.0	10:36	5.1	3:56	-0.7	4:18	-0.3	6:09	7:46	
21	Mon	11:07	4.9	11:28	4.8	4:42	-0.5	5:07	-0.1	6:10	7:44	
22	Tue	11:59	4.7			5:26	-0.3	5:56	0.2	6:11	7:43	
23	Wed	12:21	4.5	12:52	4.5	6:11	0.1	6:49	0.5	6:12	7:41	
24	Thu	1:14	4.2	1:43	4.4	7:00	0.4	7:48	0.8	6:13	7:40	
25	Fri	2:06	3.9	2:33	4.2	7:53	0.7	8:50	0.9	6:14	7:38	
26	Sat	2:58	3.7	3:23	4.1	8:51	0.9	9:51	1.0	6:15	7:37	
27	Sun	3:51	3.6	4:15	4.0	9:49	0.9	10:46	0.9	6:16	7:35	
28	Mon	4:47	3.6	5:11	4.1	10:43	0.9	11:34	0.8	6:17	7:33	
29	Tue	5:44	3.7	6:04	4.2	11:32	0.8			6:18	7:32	
30	Wed	6:36	3.8	6:51	4.3	12:19	0.6	12:18	0.7	6:19	7:30	
31	Thu	7:21	4.0	7:33	4.4	1:01	0.5	1:03	0.6	6:20	7:29	