

Long Beach (inside), NY - Nov 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:52	5.0	8:11	4.3	1:33	0.0	2:10	-0.2	6:24	4:51	
2	Thu	8:33	5.0	8:57	4.3	2:17	-0.1	2:57	-0.2	6:25	4:50	
3	Fri	9:19	5.0	9:48	4.2	3:01	0.0	3:43	-0.2	6:26	4:49	
4	Sat	10:12	4.9	10:46	4.0	3:47	0.1	4:32	-0.1	6:28	4:48	
5	Sun	11:11	4.7	11:49	4.0	4:36	0.2	5:26	0.1	6:29	4:47	
6	Mon			12:13	4.6	5:35	0.4	6:27	0.2	6:30	4:46	
7	Tue	12:52	4.0	1:15	4.5	6:45	0.5	7:34	0.2	6:31	4:45	
8	Wed	1:53	4.1	2:15	4.4	7:59	0.6	8:38	0.1	6:32	4:43	
9	Thu	2:53	4.2	3:16	4.3	9:08	0.4	9:36	0.0	6:33	4:42	
10	Fri	3:55	4.3	4:18	4.3	10:08	0.2	10:28	-0.1	6:35	4:41	
11	Sat	4:53	4.5	5:16	4.3	11:03	0.1	11:17	-0.2	6:36	4:40	
12	Sun	5:46	4.7	6:08	4.4	11:53	-0.1			6:37	4:40	
13	Mon	6:33	4.9	6:55	4.4	12:03	-0.3	12:42	-0.2	6:38	4:39	
14	Tue	7:16	4.9	7:39	4.3	12:48	-0.2	1:29	-0.2	6:39	4:38	
15	Wed	7:57	4.9	8:23	4.2	1:32	-0.1	2:14	-0.2	6:41	4:37	
16	Thu	8:37	4.7	9:06	4.0	2:14	0.0	2:57	-0.1	6:42	4:36	
17	Fri	9:17	4.5	9:52	3.8	2:54	0.2	3:37	0.1	6:43	4:35	
18	Sat	9:59	4.3	10:39	3.6	3:33	0.4	4:17	0.2	6:44	4:35	
19	Sun	10:43	4.1	11:30	3.5	4:11	0.6	4:57	0.4	6:45	4:34	
20	Mon	11:30	3.9			4:51	0.8	5:41	0.6	6:46	4:33	
21	Tue	12:21	3.4	12:19	3.7	5:38	1.0	6:32	0.7	6:47	4:33	
22	Wed	1:10	3.4	1:08	3.6	6:36	1.1	7:29	0.8	6:49	4:32	
23	Thu	1:57	3.5	1:56	3.5	7:44	1.1	8:25	0.7	6:50	4:31	
24	Fri	2:45	3.6	2:47	3.5	8:47	1.0	9:16	0.6	6:51	4:31	
25	Sat	3:36	3.7	3:43	3.6	9:43	0.7	10:03	0.4	6:52	4:30	
26	Sun	4:27	4.0	4:40	3.7	10:35	0.5	10:49	0.2	6:53	4:30	
27	Mon	5:16	4.3	5:32	3.8	11:24	0.2	11:33	0.0	6:54	4:29	
28	Tue	6:02	4.6	6:21	4.0			12:12	-0.1	6:55	4:29	
29	Wed	6:46	4.9	7:07	4.1	12:19	-0.2	1:02	-0.3	6:56	4:29	
30	Thu	7:30	5.0	7:54	4.2	1:07	-0.3	1:51	-0.5	6:57	4:28	