

Long Beach (inside), NY - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:48	4.9	10:22	4.1	3:24	-0.8	4:03	-1.0	7:18	4:37	
2	Tue	10:44	4.7	11:21	4.1	4:16	-0.6	4:53	-0.9	7:18	4:38	
3	Wed	11:42	4.4			5:11	-0.4	5:46	-0.7	7:18	4:39	
4	Thu	12:20	4.0	12:39	4.1	6:12	-0.1	6:43	-0.4	7:18	4:40	
5	Fri	1:16	4.0	1:35	3.9	7:19	0.1	7:43	-0.3	7:18	4:41	
6	Sat	2:11	3.9	2:30	3.6	8:27	0.2	8:42	-0.2	7:18	4:42	
7	Sun	3:06	3.9	3:28	3.4	9:29	0.2	9:37	-0.1	7:18	4:43	
8	Mon	4:04	3.9	4:28	3.4	10:25	0.1	10:27	-0.1	7:18	4:44	
9	Tue	5:00	3.9	5:24	3.4	11:15	0.0	11:14	-0.1	7:18	4:45	
10	Wed	5:49	4.0	6:14	3.4			12:02	-0.1	7:17	4:46	
11	Thu	6:33	4.1	6:58	3.5			12:47	-0.2	7:17	4:47	
12	Fri	7:14	4.1	7:40	3.6	12:42	-0.1	1:30	-0.3	7:17	4:48	
13	Sat	7:52	4.1	8:21	3.6	1:25	-0.1	2:11	-0.3	7:17	4:49	
14	Sun	8:29	4.1	9:01	3.5	2:07	-0.1	2:49	-0.3	7:16	4:50	
15	Mon	9:05	4.0	9:40	3.4	2:46	-0.1	3:25	-0.3	7:16	4:51	
16	Tue	9:40	3.8	10:20	3.4	3:24	0.0	3:59	-0.2	7:15	4:52	
17	Wed	10:16	3.6	11:01	3.3	4:00	0.1	4:31	-0.1	7:15	4:53	
18	Thu	10:53	3.5	11:43	3.3	4:36	0.3	5:04	0.0	7:14	4:55	
19	Fri	11:35	3.4			5:15	0.4	5:41	0.2	7:14	4:56	
20	Sat	12:26	3.3	12:24	3.3	6:05	0.5	6:27	0.2	7:13	4:57	
21	Sun	1:12	3.4	1:16	3.2	7:12	0.5	7:28	0.3	7:13	4:58	
22	Mon	2:02	3.6	2:14	3.1	8:25	0.4	8:35	0.2	7:12	4:59	
23	Tue	2:59	3.7	3:20	3.2	9:31	0.2	9:38	0.0	7:11	5:00	
24	Wed	4:03	4.0	4:30	3.3	10:31	-0.1	10:37	-0.3	7:11	5:02	
25	Thu	5:07	4.3	5:35	3.6	11:27	-0.4	11:34	-0.5	7:10	5:03	
26	Fri	6:04	4.6	6:31	3.9			12:21	-0.8	7:09	5:04	
27	Sat	6:57	4.9	7:24	4.1	12:29	-0.8	1:14	-1.0	7:09	5:05	
28	Sun	7:48	5.0	8:16	4.3	1:25	-1.0	2:06	-1.2	7:08	5:06	
29	Mon	8:39	5.0	9:09	4.4	2:19	-1.1	2:55	-1.3	7:07	5:08	
30	Tue	9:31	4.8	10:02	4.3	3:11	-1.0	3:43	-1.3	7:06	5:09	
31	Wed	10:25	4.6	10:58	4.2	4:01	-0.9	4:30	-1.1	7:05	5:10	