

Long Beach (inside), NY - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:12	3.8	2:03	3.8	7:16	0.7	7:38	1.2	5:27	8:29	
2	Mon	1:56	3.7	2:46	3.8	8:06	0.7	8:41	1.2	5:27	8:29	
3	Tue	2:42	3.6	3:30	3.9	8:59	0.8	9:43	1.0	5:28	8:29	
4	Wed	3:32	3.5	4:19	4.1	9:53	0.7	10:41	0.8	5:28	8:28	
5	Thu	4:30	3.5	5:13	4.3	10:46	0.6	11:35	0.6	5:29	8:28	
6	Fri	5:33	3.6	6:07	4.6	11:36	0.4			5:29	8:28	
7	Sat	6:32	3.8	6:59	4.9	12:27	0.3	12:27	0.2	5:30	8:28	
8	Sun	7:25	4.0	7:48	5.1	1:18	0.0	1:19	0.1	5:31	8:27	
9	Mon	8:16	4.2	8:37	5.3	2:10	-0.2	2:13	-0.1	5:31	8:27	
10	Tue	9:07	4.4	9:27	5.3	3:01	-0.5	3:07	-0.2	5:32	8:27	
11	Wed	9:59	4.5	10:19	5.3	3:51	-0.6	3:59	-0.2	5:33	8:26	
12	Thu	10:55	4.5	11:14	5.1	4:39	-0.6	4:51	-0.2	5:33	8:26	
13	Fri	11:52	4.6			5:27	-0.6	5:44	0.0	5:34	8:25	
14	Sat	12:11	4.9	12:51	4.6	6:17	-0.4	6:42	0.2	5:35	8:25	
15	Sun	1:09	4.6	1:47	4.6	7:10	-0.2	7:47	0.4	5:36	8:24	
16	Mon	2:05	4.4	2:42	4.6	8:08	0.0	8:54	0.5	5:37	8:24	
17	Tue	3:00	4.2	3:36	4.5	9:08	0.1	9:59	0.5	5:37	8:23	
18	Wed	3:57	4.0	4:32	4.5	10:05	0.2	10:58	0.5	5:38	8:22	
19	Thu	4:57	3.8	5:30	4.5	10:59	0.3	11:51	0.4	5:39	8:22	
20	Fri	5:57	3.8	6:24	4.5	11:49	0.3			5:40	8:21	
21	Sat	6:51	3.9	7:12	4.6	12:41	0.3	12:37	0.4	5:41	8:20	
22	Sun	7:39	3.9	7:55	4.6	1:28	0.2	1:23	0.4	5:42	8:19	
23	Mon	8:24	4.0	8:36	4.6	2:12	0.2	2:08	0.4	5:42	8:19	
24	Tue	9:06	4.0	9:15	4.6	2:55	0.1	2:52	0.4	5:43	8:18	
25	Wed	9:48	4.0	9:53	4.5	3:35	0.1	3:34	0.5	5:44	8:17	
26	Thu	10:29	4.0	10:30	4.3	4:12	0.2	4:13	0.5	5:45	8:16	
27	Fri	11:11	3.9	11:08	4.1	4:47	0.2	4:51	0.6	5:46	8:15	
28	Sat	11:53	3.9	11:46	4.0	5:21	0.4	5:28	0.8	5:47	8:14	
29	Sun			12:35	3.9	5:54	0.5	6:08	0.9	5:48	8:13	
30	Mon	12:27	3.8	1:17	3.9	6:28	0.6	6:54	1.0	5:49	8:12	
31	Tue	1:12	3.7	1:59	3.9	7:09	0.7	7:53	1.1	5:50	8:11	