US HARBORS www.USHarbors.com

Long Beach (inside), NY - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:05	4.7	5:30	4.7	11:14	-0.1	11:33	-0.4	6:24	4:52	
2	Fri	6:00	5.0	6:23	4.8			12:08	-0.3	6:25	4:50	
3	Sat	6:49	5.2	7:13	4.8	12:23	-0.5	1:01	-0.4	6:26	4:49	
4	Sun	7:37	5.3	8:02	4.7	1:12	-0.5	1:52	-0.5	6:27	4:48	
5	Mon	8:23	5.2	8:51	4.6	2:00	-0.5	2:42	-0.4	6:28	4:47	
6	Tue	9:10	5.0	9:42	4.3	2:47	-0.3	3:29	-0.3	6:30	4:46	
7	Wed	9:58	4.8	10:34	4.1	3:31	0.0	4:15	-0.1	6:31	4:45	
8	Thu	10:49	4.5	11:29	3.8	4:15	0.3	5:01	0.2	6:32	4:44	
9	Fri	11:41	4.2			5:00	0.6	5:52	0.5	6:33	4:43	
10	Sat	12:23	3.7	12:34	4.0	5:51	0.9	6:48	0.7	6:34	4:42	
11	Sun	1:16	3.6	1:25	3.8	6:52	1.1	7:46	0.8	6:36	4:41	
12	Mon	2:06	3.6	2:15	3.7	7:56	1.1	8:41	0.7	6:37	4:40	
13	Tue	2:58	3.6	3:07	3.6	8:57	1.0	9:31	0.6	6:38	4:39	
14	Wed	3:50	3.8	4:01	3.6	9:50	0.9	10:15	0.5	6:39	4:38	
15	Thu	4:41	3.9	4:53	3.7	10:38	0.7	10:57	0.4	6:40	4:37	
16	Fri	5:27	4.1	5:40	3.8	11:24	0.4	11:37	0.2	6:41	4:36	
17	Sat	6:08	4.4	6:23	3.9			12:08	0.3	6:43	4:36	
18	Sun	6:46	4.5	7:02	4.0	12:18	0.2	12:52	0.1	6:44	4:35	
19	Mon	7:22	4.6	7:40	4.0	12:58	0.1	1:36	0.0	6:45	4:34	
20	Tue	7:58	4.7	8:19	3.9	1:39	0.1	2:20	-0.1	6:46	4:33	
21	Wed	8:36	4.7	9:01	3.9	2:20	0.1	3:03	-0.2	6:47	4:33	
22	Thu	9:18	4.7	9:48	3.8	3:02	0.1	3:46	-0.1	6:48	4:32	
23	Fri	10:06	4.6	10:43	3.7	3:44	0.2	4:31	-0.1	6:49	4:31	
24	Sat	11:02	4.5	11:44	3.7	4:31	0.3	5:21	0.0	6:51	4:31	
25	Sun			12:04	4.3	5:26	0.4	6:19	0.1	6:52	4:30	
26	Mon	12:45	3.8	1:05	4.3	6:36	0.5	7:23	0.1	6:53	4:30	
27	Tue	1:45	4.0	2:05	4.2	7:51	0.5	8:26	0.0	6:54	4:29	
28	Wed	2:44	4.1	3:06	4.1	9:01	0.3	9:25	-0.2	6:55	4:29	
29	Thu	3:45	4.3	4:09	4.1	10:04	0.1	10:20	-0.3	6:56	4:29	
30	Fri	4:46	4.6	5:10	4.2	11:00	-0.1	11:11	-0.5	6:57	4:28	