

Long Beach (inside), NY - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:00	4.5	7:27	3.8	12:28	-0.4	1:18	-0.5	7:18	4:37	
2	Wed	7:44	4.5	8:12	3.8	1:16	-0.3	2:04	-0.5	7:18	4:38	
3	Thu	8:25	4.4	8:56	3.7	2:01	-0.3	2:46	-0.5	7:18	4:39	
4	Fri	9:07	4.2	9:41	3.6	2:44	-0.2	3:26	-0.4	7:18	4:40	
5	Sat	9:48	4.0	10:27	3.5	3:24	0.0	4:04	-0.2	7:18	4:41	
6	Sun	10:31	3.8	11:14	3.4	4:03	0.1	4:41	-0.1	7:18	4:42	
7	Mon	11:15	3.6			4:43	0.3	5:19	0.1	7:18	4:43	
8	Tue	12:01	3.3	12:00	3.4	5:26	0.5	6:01	0.3	7:18	4:44	
9	Wed	12:46	3.3	12:45	3.2	6:17	0.7	6:49	0.4	7:18	4:45	
10	Thu	1:31	3.3	1:31	3.1	7:20	0.8	7:44	0.4	7:17	4:46	
11	Fri	2:16	3.3	2:21	3.0	8:25	0.7	8:40	0.4	7:17	4:47	
12	Sat	3:05	3.4	3:17	3.0	9:25	0.5	9:33	0.3	7:17	4:48	
13	Sun	3:59	3.6	4:18	3.1	10:20	0.3	10:24	0.1	7:17	4:49	
14	Mon	4:54	3.9	5:17	3.2	11:11	0.0	11:13	-0.1	7:16	4:50	
15	Tue	5:45	4.2	6:09	3.4			12:01	-0.3	7:16	4:51	
16	Wed	6:32	4.4	6:57	3.6	12:02	-0.3	12:50	-0.5	7:15	4:52	
17	Thu	7:18	4.7	7:44	3.8	12:52	-0.5	1:39	-0.8	7:15	4:53	
18	Fri	8:04	4.8	8:32	4.0	1:43	-0.6	2:27	-0.9	7:15	4:54	
19	Sat	8:53	4.8	9:22	4.0	2:34	-0.7	3:13	-1.0	7:14	4:55	
20	Sun	9:44	4.7	10:16	4.1	3:23	-0.8	3:59	-1.0	7:14	4:57	
21	Mon	10:38	4.5	11:13	4.1	4:13	-0.7	4:46	-0.9	7:13	4:58	
22	Tue	11:35	4.3			5:07	-0.5	5:37	-0.7	7:12	4:59	
23	Wed	12:11	4.0	12:32	4.0	6:07	-0.2	6:33	-0.5	7:12	5:00	
24	Thu	1:07	4.0	1:29	3.8	7:15	0.0	7:34	-0.3	7:11	5:01	
25	Fri	2:04	4.0	2:27	3.5	8:24	0.1	8:37	-0.2	7:10	5:02	
26	Sat	3:02	3.9	3:28	3.4	9:30	0.0	9:36	-0.2	7:09	5:04	
27	Sun	4:03	3.9	4:32	3.3	10:28	-0.1	10:31	-0.2	7:09	5:05	
28	Mon	5:03	4.0	5:31	3.4	11:21	-0.2	11:21	-0.2	7:08	5:06	
29	Tue	5:56	4.1	6:23	3.5			12:10	-0.3	7:07	5:07	
30	Wed	6:43	4.1	7:09	3.6	12:09	-0.2	12:57	-0.4	7:06	5:09	
31	Thu	7:25	4.2	7:52	3.7	12:56	-0.3	1:41	-0.4	7:05	5:10	