

Long Beach (inside), NY - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:24	3.4	2:30	2.9	8:38	0.8	8:38	0.5	7:18	4:38	
2	Mon	3:12	3.5	3:24	2.8	9:32	0.6	9:32	0.5	7:18	4:39	
3	Tue	4:06	3.6	4:24	2.9	10:26	0.4	10:20	0.3	7:18	4:40	
4	Wed	5:00	3.8	5:24	3.0	11:20	0.2	11:14	0.2	7:18	4:41	
5	Thu	5:48	4.1	6:12	3.2			12:08	-0.1	7:18	4:41	
6	Fri	6:36	4.3	7:00	3.4	12:02	0.0	12:56	-0.3	7:18	4:42	
7	Sat	7:18	4.5	7:48	3.5	12:50	-0.2	1:44	-0.5	7:18	4:43	
8	Sun	8:00	4.7	8:30	3.7	1:38	-0.3	2:26	-0.7	7:18	4:44	
9	Mon	8:48	4.7	9:18	3.8	2:26	-0.4	3:14	-0.8	7:17	4:45	
10	Tue	9:36	4.6	10:12	3.9	3:20	-0.5	3:56	-0.8	7:17	4:46	
11	Wed	10:30	4.4	11:06	3.9	4:08	-0.4	4:38	-0.7	7:17	4:47	
12	Thu	11:24	4.1			4:56	-0.3	5:26	-0.6	7:17	4:48	
13	Fri	12:00	4.0	12:18	3.9	5:56	-0.1	6:20	-0.4	7:16	4:50	
14	Sat	1:00	4.0	1:18	3.6	7:02	0.1	7:20	-0.2	7:16	4:51	
15	Sun	1:54	4.0	2:18	3.4	8:14	0.2	8:20	-0.1	7:16	4:52	
16	Mon	2:54	4.0	3:18	3.2	9:26	0.2	9:26	0.0	7:15	4:53	
17	Tue	3:54	3.9	4:24	3.1	10:26	0.0	10:20	0.0	7:15	4:54	
18	Wed	5:00	4.0	5:30	3.2	11:20	-0.1	11:14	-0.1	7:14	4:55	
19	Thu	5:54	4.1	6:24	3.3			12:14	-0.2	7:14	4:56	
20	Fri	6:42	4.1	7:12	3.5	12:08	-0.1	1:02	-0.3	7:13	4:57	
21	Sat	7:30	4.2	7:54	3.5	12:56	-0.1	1:44	-0.4	7:12	4:59	
22	Sun	8:06	4.1	8:36	3.6	1:44	-0.2	2:26	-0.4	7:12	5:00	
23	Mon	8:48	4.0	9:18	3.6	2:26	-0.2	3:08	-0.4	7:11	5:01	
24	Tue	9:24	3.9	10:00	3.5	3:08	-0.1	3:38	-0.3	7:10	5:02	
25	Wed	10:06	3.7	10:42	3.5	3:44	0.0	4:14	-0.2	7:10	5:03	
26	Thu	10:42	3.5	11:24	3.4	4:20	0.2	4:44	0.0	7:09	5:05	
27	Fri	11:24	3.2			4:56	0.3	5:14	0.1	7:08	5:06	
28	Sat	12:06	3.4	12:06	3.0	5:44	0.5	5:50	0.3	7:07	5:07	
29	Sun	12:48	3.3	12:48	2.9	6:32	0.7	6:32	0.5	7:06	5:08	
30	Mon	1:30	3.3	1:36	2.7	7:44	0.7	7:32	0.6	7:05	5:10	
31	Tue	2:18	3.4	2:36	2.7	8:50	0.6	8:44	0.5	7:04	5:11	