

Long Beach (inside), NY - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:08	3.9	7:30	5.0	1:01	0.1	12:53	0.1	5:27	8:29	
2	Sun	8:02	4.0	8:20	5.0	1:54	0.0	1:47	0.2	5:28	8:29	
3	Mon	8:53	4.0	9:07	4.9	2:46	-0.1	2:40	0.2	5:28	8:29	
4	Tue	9:43	4.0	9:54	4.7	3:34	-0.1	3:30	0.3	5:29	8:28	
5	Wed	10:32	4.0	10:39	4.5	4:18	-0.1	4:16	0.4	5:29	8:28	
6	Thu	11:21	4.0	11:25	4.3	4:58	0.0	4:59	0.6	5:30	8:28	
7	Fri			12:09	3.9	5:37	0.2	5:41	0.7	5:30	8:28	
8	Sat	12:11	4.1	12:56	3.9	6:15	0.4	6:27	0.9	5:31	8:27	
9	Sun	12:57	3.8	1:41	3.9	6:54	0.6	7:18	1.1	5:32	8:27	
10	Mon	1:42	3.6	2:24	3.9	7:37	0.7	8:16	1.2	5:33	8:26	
11	Tue	2:26	3.4	3:07	3.9	8:25	0.9	9:18	1.2	5:33	8:26	
12	Wed	3:13	3.3	3:52	4.0	9:17	0.9	10:16	1.1	5:34	8:25	
13	Thu	4:05	3.2	4:43	4.0	10:10	0.9	11:10	0.9	5:35	8:25	
14	Fri	5:05	3.2	5:37	4.2	11:01	0.9			5:35	8:24	
15	Sat	6:06	3.3	6:28	4.4	12:00	0.7	11:50 AM	0.8	5:36	8:24	
16	Sun	6:59	3.4	7:15	4.6	12:49	0.5	12:39	0.7	5:37	8:23	
17	Mon	7:45	3.6	7:59	4.8	1:37	0.3	1:28	0.5	5:38	8:23	
18	Tue	8:29	3.8	8:42	4.9	2:24	0.1	2:18	0.4	5:39	8:22	
19	Wed	9:13	4.0	9:26	5.0	3:09	-0.1	3:07	0.3	5:39	8:21	
20	Thu	9:59	4.1	10:12	4.9	3:52	-0.2	3:56	0.2	5:40	8:21	
21	Fri	10:47	4.3	11:01	4.8	4:34	-0.3	4:43	0.2	5:41	8:20	
22	Sat	11:38	4.4	11:53	4.6	5:15	-0.3	5:32	0.2	5:42	8:19	
23	Sun			12:32	4.5	5:58	-0.2	6:26	0.4	5:43	8:18	
24	Mon	12:48	4.4	1:27	4.6	6:45	-0.1	7:29	0.6	5:44	8:17	
25	Tue	1:45	4.1	2:21	4.6	7:40	0.1	8:40	0.6	5:45	8:16	
26	Wed	2:42	3.9	3:17	4.6	8:41	0.3	9:49	0.6	5:46	8:16	
27	Thu	3:42	3.7	4:17	4.6	9:46	0.4	10:54	0.5	5:47	8:15	
28	Fri	4:48	3.6	5:21	4.6	10:48	0.4	11:52	0.4	5:47	8:14	
29	Sat	5:55	3.7	6:23	4.6	11:46	0.4			5:48	8:13	
30	Sun	6:56	3.8	7:17	4.7	12:46	0.3	12:40	0.4	5:49	8:12	
31	Mon	7:48	4.0	8:05	4.8	1:37	0.2	1:32	0.3	5:50	8:11	