

Long Beach (inside), NY - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:12	3.8	3:53	4.1	9:31	0.5	10:02	0.9	5:25	8:18	
2	Sat	4:03	3.6	4:44	4.1	10:20	0.5	10:56	0.8	5:25	8:19	
3	Sun	4:57	3.5	5:34	4.2	11:04	0.6	11:44	0.7	5:25	8:20	
4	Mon	5:52	3.5	6:21	4.4	11:46	0.6			5:24	8:21	
5	Tue	6:42	3.5	7:04	4.5	12:29	0.5	12:27	0.6	5:24	8:21	
6	Wed	7:27	3.6	7:44	4.5	1:13	0.4	1:08	0.6	5:24	8:22	
7	Thu	8:09	3.6	8:22	4.6	1:57	0.3	1:50	0.6	5:23	8:22	
8	Fri	8:49	3.6	8:59	4.5	2:41	0.3	2:33	0.6	5:23	8:23	
9	Sat	9:29	3.6	9:34	4.5	3:23	0.2	3:14	0.7	5:23	8:24	
10	Sun	10:09	3.5	10:11	4.4	4:02	0.2	3:54	0.7	5:23	8:24	
11	Mon	10:49	3.5	10:49	4.3	4:40	0.2	4:31	0.8	5:23	8:25	
12	Tue	11:32	3.5	11:31	4.2	5:16	0.3	5:09	0.8	5:23	8:25	
13	Wed			12:19	3.6	5:54	0.3	5:51	0.9	5:23	8:26	
14	Thu	12:20	4.1	1:08	3.8	6:34	0.4	6:44	0.9	5:23	8:26	
15	Fri	1:13	4.1	1:57	4.0	7:22	0.4	7:51	0.9	5:23	8:27	
16	Sat	2:07	4.0	2:48	4.2	8:17	0.4	9:06	0.8	5:23	8:27	
17	Sun	3:04	3.9	3:43	4.5	9:16	0.3	10:15	0.6	5:23	8:27	
18	Mon	4:06	3.8	4:43	4.7	10:16	0.2	11:17	0.4	5:23	8:28	
19	Tue	5:13	3.8	5:46	4.9	11:14	0.1			5:23	8:28	
20	Wed	6:20	3.9	6:46	5.1	12:16	0.1	12:11	0.0	5:23	8:28	
21	Thu	7:20	4.1	7:42	5.3	1:13	-0.1	1:07	-0.1	5:23	8:28	
22	Fri	8:16	4.2	8:35	5.3	2:09	-0.3	2:05	-0.1	5:24	8:29	
23	Sat	9:11	4.3	9:27	5.2	3:04	-0.4	3:02	-0.1	5:24	8:29	
24	Sun	10:06	4.3	10:20	5.0	3:55	-0.4	3:55	0.0	5:24	8:29	
25	Mon	11:01	4.3	11:13	4.8	4:43	-0.4	4:46	0.1	5:24	8:29	
26	Tue	11:57	4.2			5:29	-0.3	5:36	0.3	5:25	8:29	
27	Wed	12:06	4.5	12:50	4.2	6:15	0.0	6:27	0.6	5:25	8:29	
28	Thu	12:58	4.2	1:41	4.2	7:03	0.2	7:23	0.8	5:26	8:29	
29	Fri	1:48	4.0	2:28	4.1	7:52	0.4	8:23	1.0	5:26	8:29	
30	Sat	2:35	3.7	3:14	4.1	8:42	0.6	9:23	1.0	5:26	8:29	