

Long Beach (inside), NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:23	3.5	4:01	4.1	9:32	0.7	10:20	1.0	5:27	8:29	
2	Mon	4:15	3.3	4:51	4.1	10:20	0.8	11:12	0.9	5:27	8:29	
3	Tue	5:11	3.3	5:43	4.2	11:07	0.8			5:28	8:29	
4	Wed	6:08	3.3	6:32	4.3	12:00	0.7	11:53 AM	0.8	5:29	8:28	
5	Thu	6:59	3.4	7:17	4.4	12:46	0.6	12:38	0.7	5:29	8:28	
6	Fri	7:44	3.5	7:58	4.5	1:31	0.5	1:23	0.7	5:30	8:28	
7	Sat	8:26	3.6	8:36	4.6	2:16	0.3	2:08	0.6	5:30	8:28	
8	Sun	9:06	3.7	9:13	4.6	2:59	0.2	2:53	0.6	5:31	8:27	
9	Mon	9:45	3.7	9:50	4.6	3:39	0.1	3:35	0.6	5:32	8:27	
10	Tue	10:24	3.8	10:29	4.5	4:17	0.1	4:16	0.6	5:32	8:27	
11	Wed	11:05	3.9	11:11	4.4	4:52	0.1	4:56	0.6	5:33	8:26	
12	Thu	11:50	4.0	11:58	4.3	5:28	0.1	5:39	0.6	5:34	8:26	
13	Fri			12:39	4.1	6:06	0.1	6:29	0.7	5:35	8:25	
14	Sat	12:51	4.1	1:30	4.3	6:49	0.2	7:32	0.8	5:35	8:25	
15	Sun	1:46	4.0	2:23	4.5	7:42	0.3	8:45	0.8	5:36	8:24	
16	Mon	2:44	3.8	3:19	4.6	8:45	0.3	9:57	0.7	5:37	8:23	
17	Tue	3:46	3.7	4:21	4.7	9:51	0.3	11:02	0.5	5:38	8:23	
18	Wed	4:55	3.7	5:28	4.8	10:55	0.2			5:38	8:22	
19	Thu	6:05	3.8	6:32	4.9	12:02	0.2	11:56 AM	0.1	5:39	8:21	
20	Fri	7:07	4.0	7:30	5.1	12:59	0.0	12:54	0.0	5:40	8:21	
21	Sat	8:03	4.2	8:22	5.1	1:53	-0.2	1:51	0.0	5:41	8:20	
22	Sun	8:56	4.4	9:11	5.1	2:45	-0.3	2:46	0.0	5:42	8:19	
23	Mon	9:46	4.4	9:59	4.9	3:34	-0.4	3:38	0.0	5:43	8:18	
24	Tue	10:36	4.4	10:47	4.7	4:18	-0.3	4:25	0.1	5:44	8:18	
25	Wed	11:25	4.4	11:34	4.4	5:00	-0.2	5:11	0.3	5:44	8:17	
26	Thu			12:14	4.3	5:39	0.0	5:56	0.6	5:45	8:16	
27	Fri	12:22	4.1	1:02	4.2	6:19	0.3	6:44	0.8	5:46	8:15	
28	Sat	1:10	3.8	1:48	4.1	7:00	0.6	7:38	1.0	5:47	8:14	
29	Sun	1:57	3.6	2:33	4.1	7:47	0.8	8:38	1.1	5:48	8:13	
30	Mon	2:45	3.4	3:19	4.0	8:39	1.0	9:40	1.1	5:49	8:12	
31	Tue	3:35	3.2	4:09	4.0	9:35	1.0	10:37	1.0	5:50	8:11	