

Long Beach (inside), NY - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:32	3.2	5:04	4.0	10:31	1.0	11:28	0.9	5:51	8:10	
2	Thu	5:34	3.2	5:59	4.2	11:22	1.0			5:52	8:09	
3	Fri	6:30	3.4	6:49	4.3	12:16	0.7	12:11	0.8	5:53	8:08	
4	Sat	7:18	3.6	7:32	4.5	1:02	0.5	12:58	0.7	5:54	8:06	
5	Sun	8:00	3.7	8:12	4.6	1:46	0.3	1:44	0.6	5:55	8:05	
6	Mon	8:39	3.9	8:50	4.7	2:29	0.2	2:30	0.5	5:56	8:04	
7	Tue	9:17	4.1	9:28	4.7	3:09	0.0	3:15	0.4	5:57	8:03	
8	Wed	9:56	4.2	10:07	4.6	3:47	-0.1	3:58	0.3	5:58	8:02	
9	Thu	10:36	4.4	10:51	4.5	4:24	-0.1	4:41	0.3	5:59	8:00	
10	Fri	11:21	4.5	11:39	4.3	5:01	-0.1	5:26	0.4	6:00	7:59	
11	Sat			12:12	4.5	5:39	0.0	6:16	0.5	6:01	7:58	
12	Sun	12:33	4.1	1:07	4.6	6:23	0.2	7:17	0.7	6:02	7:57	
13	Mon	1:32	3.9	2:04	4.6	7:18	0.3	8:30	0.8	6:03	7:55	
14	Tue	2:32	3.7	3:03	4.6	8:25	0.5	9:44	0.7	6:04	7:54	
15	Wed	3:36	3.7	4:08	4.6	9:38	0.5	10:50	0.6	6:05	7:53	
16	Thu	4:46	3.7	5:17	4.6	10:46	0.4	11:49	0.3	6:06	7:51	
17	Fri	5:55	3.9	6:21	4.8	11:47	0.3			6:07	7:50	
18	Sat	6:56	4.1	7:17	4.9	12:43	0.1	12:44	0.2	6:07	7:48	
19	Sun	7:49	4.4	8:06	4.9	1:34	-0.1	1:38	0.1	6:08	7:47	
20	Mon	8:37	4.5	8:51	4.9	2:22	-0.2	2:29	0.1	6:09	7:45	
21	Tue	9:22	4.6	9:34	4.8	3:07	-0.2	3:17	0.1	6:10	7:44	
22	Wed	10:06	4.6	10:17	4.6	3:48	-0.2	4:02	0.2	6:11	7:43	
23	Thu	10:49	4.5	11:00	4.3	4:26	0.0	4:43	0.3	6:12	7:41	
24	Fri	11:32	4.4	11:44	4.0	5:01	0.2	5:24	0.5	6:13	7:40	
25	Sat			12:17	4.3	5:35	0.5	6:06	0.8	6:14	7:38	
26	Sun	12:30	3.7	1:02	4.1	6:11	0.7	6:53	1.0	6:15	7:36	
27	Mon	1:19	3.5	1:49	4.0	6:50	1.0	7:50	1.2	6:16	7:35	
28	Tue	2:08	3.3	2:36	3.9	7:43	1.2	8:56	1.2	6:17	7:33	
29	Wed	3:00	3.2	3:27	3.9	8:49	1.3	9:59	1.2	6:18	7:32	
30	Thu	3:56	3.2	4:23	3.9	9:55	1.3	10:55	1.0	6:19	7:30	
31	Fri	4:58	3.3	5:22	4.1	10:53	1.1	11:44	0.8	6:20	7:29	