

## Long Beach (inside), NY - Jul 2007

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 9:24  | 3.7 | 9:32  | 4.7 | 3:21  | 0.1  | 3:13  | 0.5 | 5:27                                                                                | 8:29 |    |
| 2    | Mon | 10:07 | 3.7 | 10:14 | 4.7 | 4:03  | 0.0  | 3:57  | 0.5 | 5:27                                                                                | 8:29 |    |
| 3    | Tue | 10:52 | 3.8 | 11:01 | 4.6 | 4:43  | 0.0  | 4:41  | 0.5 | 5:28                                                                                | 8:29 |    |
| 4    | Wed | 11:41 | 3.9 | 11:51 | 4.5 | 5:22  | 0.0  | 5:27  | 0.5 | 5:29                                                                                | 8:28 |    |
| 5    | Thu |       |     | 12:34 | 4.1 | 6:04  | 0.0  | 6:19  | 0.6 | 5:29                                                                                | 8:28 |    |
| 6    | Fri | 12:45 | 4.3 | 1:27  | 4.3 | 6:50  | 0.1  | 7:21  | 0.7 | 5:30                                                                                | 8:28 |    |
| 7    | Sat | 1:41  | 4.2 | 2:20  | 4.4 | 7:42  | 0.1  | 8:32  | 0.7 | 5:30                                                                                | 8:28 |    |
| 8    | Sun | 2:37  | 4.0 | 3:14  | 4.6 | 8:41  | 0.2  | 9:43  | 0.6 | 5:31                                                                                | 8:27 |    |
| 9    | Mon | 3:36  | 3.8 | 4:13  | 4.7 | 9:43  | 0.2  | 10:48 | 0.5 | 5:32                                                                                | 8:27 |    |
| 10   | Tue | 4:40  | 3.7 | 5:16  | 4.7 | 10:43 | 0.2  | 11:48 | 0.3 | 5:32                                                                                | 8:27 |    |
| 11   | Wed | 5:48  | 3.7 | 6:18  | 4.8 | 11:41 | 0.2  |       |     | 5:33                                                                                | 8:26 |    |
| 12   | Thu | 6:51  | 3.9 | 7:15  | 4.9 | 12:44 | 0.2  | 12:37 | 0.2 | 5:34                                                                                | 8:26 |    |
| 13   | Fri | 7:48  | 4.0 | 8:06  | 5.0 | 1:39  | 0.0  | 1:32  | 0.2 | 5:34                                                                                | 8:25 |   |
| 14   | Sat | 8:40  | 4.1 | 8:55  | 4.9 | 2:31  | -0.1 | 2:26  | 0.2 | 5:35                                                                                | 8:25 |  |
| 15   | Sun | 9:29  | 4.1 | 9:41  | 4.8 | 3:20  | -0.1 | 3:17  | 0.2 | 5:36                                                                                | 8:24 |  |
| 16   | Mon | 10:18 | 4.1 | 10:27 | 4.6 | 4:05  | -0.1 | 4:04  | 0.3 | 5:37                                                                                | 8:24 |  |
| 17   | Tue | 11:06 | 4.1 | 11:12 | 4.4 | 4:46  | 0.0  | 4:48  | 0.5 | 5:38                                                                                | 8:23 |  |
| 18   | Wed | 11:54 | 4.0 | 11:58 | 4.1 | 5:24  | 0.1  | 5:31  | 0.6 | 5:38                                                                                | 8:22 |  |
| 19   | Thu |       |     | 12:41 | 4.0 | 6:01  | 0.3  | 6:15  | 0.8 | 5:39                                                                                | 8:22 |  |
| 20   | Fri | 12:44 | 3.9 | 1:26  | 4.0 | 6:39  | 0.5  | 7:03  | 1.0 | 5:40                                                                                | 8:21 |  |
| 21   | Sat | 1:29  | 3.6 | 2:09  | 4.0 | 7:20  | 0.7  | 8:00  | 1.2 | 5:41                                                                                | 8:20 |  |
| 22   | Sun | 2:14  | 3.5 | 2:52  | 4.0 | 8:06  | 0.9  | 9:01  | 1.2 | 5:42                                                                                | 8:19 |  |
| 23   | Mon | 3:00  | 3.3 | 3:37  | 4.0 | 8:59  | 1.0  | 10:02 | 1.1 | 5:43                                                                                | 8:19 |  |
| 24   | Tue | 3:52  | 3.2 | 4:28  | 4.0 | 9:54  | 1.0  | 10:57 | 1.0 | 5:44                                                                                | 8:18 |  |
| 25   | Wed | 4:51  | 3.1 | 5:23  | 4.1 | 10:48 | 1.0  | 11:48 | 0.8 | 5:44                                                                                | 8:17 |  |
| 26   | Thu | 5:53  | 3.2 | 6:17  | 4.3 | 11:39 | 0.9  |       |     | 5:45                                                                                | 8:16 |  |
| 27   | Fri | 6:48  | 3.4 | 7:05  | 4.5 | 12:37 | 0.6  | 12:28 | 0.7 | 5:46                                                                                | 8:15 |  |
| 28   | Sat | 7:35  | 3.6 | 7:49  | 4.7 | 1:24  | 0.4  | 1:17  | 0.6 | 5:47                                                                                | 8:14 |  |
| 29   | Sun | 8:18  | 3.8 | 8:31  | 4.8 | 2:10  | 0.2  | 2:06  | 0.4 | 5:48                                                                                | 8:13 |  |
| 30   | Mon | 9:00  | 4.0 | 9:13  | 4.9 | 2:55  | 0.0  | 2:54  | 0.3 | 5:49                                                                                | 8:12 |  |
| 31   | Tue | 9:44  | 4.2 | 9:57  | 4.9 | 3:37  | -0.2 | 3:42  | 0.2 | 5:50                                                                                | 8:11 |  |