

Long Beach (inside), NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:14	3.3	5:44	4.2	11:11	0.9			5:51	8:09	
2	Sun	6:13	3.4	6:35	4.3	12:02	0.7	11:59 AM	0.8	5:52	8:08	
3	Mon	7:03	3.5	7:21	4.4	12:47	0.6	12:45	0.8	5:53	8:07	
4	Tue	7:48	3.7	8:02	4.5	1:30	0.5	1:30	0.7	5:54	8:06	
5	Wed	8:28	3.8	8:39	4.5	2:12	0.3	2:14	0.6	5:55	8:05	
6	Thu	9:06	3.9	9:15	4.5	2:52	0.2	2:57	0.6	5:56	8:04	
7	Fri	9:42	4.0	9:49	4.4	3:29	0.2	3:37	0.6	5:57	8:02	
8	Sat	10:16	4.0	10:23	4.3	4:03	0.2	4:14	0.6	5:58	8:01	
9	Sun	10:49	4.1	10:58	4.1	4:35	0.2	4:50	0.7	5:59	8:00	
10	Mon	11:25	4.1	11:37	3.9	5:05	0.3	5:27	0.7	6:00	7:59	
11	Tue			12:06	4.2	5:36	0.4	6:09	0.8	6:01	7:57	
12	Wed	12:25	3.8	12:54	4.2	6:12	0.5	7:04	1.0	6:02	7:56	
13	Thu	1:19	3.6	1:48	4.3	6:58	0.6	8:17	1.0	6:03	7:55	
14	Fri	2:19	3.5	2:47	4.4	8:04	0.7	9:34	0.9	6:04	7:53	
15	Sat	3:23	3.5	3:51	4.5	9:21	0.7	10:42	0.7	6:05	7:52	
16	Sun	4:33	3.6	5:02	4.7	10:34	0.5	11:42	0.4	6:06	7:51	
17	Mon	5:45	3.8	6:10	4.9	11:39	0.3			6:07	7:49	
18	Tue	6:48	4.2	7:09	5.1	12:37	0.1	12:38	0.0	6:08	7:48	
19	Wed	7:44	4.5	8:02	5.2	1:30	-0.2	1:36	-0.2	6:09	7:46	
20	Thu	8:35	4.8	8:52	5.3	2:21	-0.4	2:31	-0.3	6:10	7:45	
21	Fri	9:25	5.0	9:41	5.1	3:09	-0.6	3:24	-0.3	6:11	7:43	
22	Sat	10:14	5.0	10:29	4.9	3:55	-0.6	4:14	-0.2	6:12	7:42	
23	Sun	11:04	4.9	11:19	4.6	4:38	-0.4	5:02	0.0	6:13	7:40	
24	Mon	11:55	4.8			5:21	-0.1	5:50	0.3	6:14	7:39	
25	Tue	12:11	4.2	12:46	4.6	6:03	0.2	6:41	0.6	6:15	7:37	
26	Wed	1:05	3.9	1:37	4.4	6:50	0.6	7:38	0.9	6:16	7:36	
27	Thu	1:58	3.6	2:27	4.2	7:43	0.9	8:42	1.0	6:17	7:34	
28	Fri	2:50	3.4	3:19	4.1	8:45	1.1	9:46	1.1	6:18	7:33	
29	Sat	3:45	3.3	4:13	4.0	9:47	1.2	10:43	1.0	6:19	7:31	
30	Sun	4:45	3.3	5:11	4.0	10:44	1.1	11:32	0.9	6:20	7:30	
31	Mon	5:44	3.5	6:06	4.1	11:35	1.0			6:21	7:28	