

Long Beach (inside), NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:58	5.0	8:33	4.1	1:34	-0.7	2:27	-0.9	7:18	4:38	
2	Sat	8:49	4.9	9:27	4.1	2:28	-0.8	3:15	-1.0	7:18	4:39	
3	Sun	9:41	4.8	10:22	4.2	3:20	-0.7	4:02	-1.0	7:18	4:39	
4	Mon	10:36	4.5	11:19	4.2	4:11	-0.6	4:49	-0.8	7:18	4:40	
5	Tue	11:32	4.2			5:05	-0.4	5:39	-0.6	7:18	4:41	
6	Wed	12:15	4.1	12:29	3.9	6:04	-0.1	6:34	-0.4	7:18	4:42	
7	Thu	1:10	4.1	1:24	3.6	7:09	0.1	7:33	-0.2	7:18	4:43	
8	Fri	2:04	4.0	2:19	3.3	8:17	0.2	8:32	0.0	7:18	4:44	
9	Sat	2:59	3.9	3:18	3.1	9:21	0.2	9:30	0.1	7:17	4:45	
10	Sun	3:57	3.9	4:21	3.1	10:18	0.2	10:22	0.1	7:17	4:46	
11	Mon	4:54	3.9	5:20	3.1	11:10	0.1	11:11	0.1	7:17	4:47	
12	Tue	5:46	4.0	6:12	3.2	11:57	0.0	11:58	0.1	7:17	4:48	
13	Wed	6:32	4.0	6:57	3.3			12:42	-0.1	7:16	4:49	
14	Thu	7:14	4.1	7:38	3.4	12:43	0.0	1:25	-0.2	7:16	4:51	
15	Fri	7:53	4.1	8:17	3.4	1:27	0.0	2:06	-0.3	7:16	4:52	
16	Sat	8:30	4.0	8:56	3.4	2:08	0.0	2:43	-0.3	7:15	4:53	
17	Sun	9:07	3.9	9:33	3.4	2:48	0.0	3:18	-0.3	7:15	4:54	
18	Mon	9:42	3.8	10:10	3.4	3:24	0.1	3:50	-0.2	7:14	4:55	
19	Tue	10:17	3.6	10:46	3.4	3:59	0.2	4:21	-0.1	7:14	4:56	
20	Wed	10:54	3.4	11:24	3.4	4:34	0.3	4:51	0.0	7:13	4:57	
21	Thu	11:36	3.2			5:12	0.5	5:24	0.1	7:12	4:59	
22	Fri	12:06	3.4	12:23	3.1	6:01	0.6	6:06	0.2	7:12	5:00	
23	Sat	12:52	3.5	1:16	3.0	7:09	0.6	7:04	0.3	7:11	5:01	
24	Sun	1:43	3.6	2:14	2.9	8:26	0.6	8:15	0.2	7:10	5:02	
25	Mon	2:43	3.7	3:22	2.9	9:35	0.3	9:25	0.1	7:10	5:03	
26	Tue	3:51	3.9	4:34	3.1	10:35	0.0	10:28	-0.2	7:09	5:05	
27	Wed	4:59	4.2	5:38	3.4	11:31	-0.3	11:27	-0.4	7:08	5:06	
28	Thu	5:59	4.5	6:34	3.8			12:24	-0.6	7:07	5:07	
29	Fri	6:53	4.7	7:26	4.1	12:24	-0.7	1:16	-0.9	7:06	5:08	
30	Sat	7:44	4.9	8:17	4.3	1:20	-0.9	2:05	-1.1	7:05	5:09	
31	Sun	8:34	4.8	9:07	4.4	2:14	-1.0	2:53	-1.2	7:05	5:11	