

Long Beach (inside), NY - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:26	3.7	12:56	3.9	6:11	0.6	6:50	1.1	5:51	8:10	
2	Mon	1:11	3.5	1:39	4.0	6:48	0.7	7:50	1.2	5:52	8:09	
3	Tue	2:00	3.4	2:25	4.1	7:38	0.8	9:01	1.2	5:53	8:07	
4	Wed	2:53	3.4	3:17	4.2	8:43	0.9	10:09	1.0	5:54	8:06	
5	Thu	3:54	3.4	4:19	4.3	9:53	0.8	11:10	0.7	5:55	8:05	
6	Fri	5:02	3.5	5:26	4.6	10:57	0.6			5:56	8:04	
7	Sat	6:09	3.7	6:28	4.8	12:05	0.4	11:57 AM	0.3	5:57	8:03	
8	Sun	7:06	4.1	7:23	5.1	12:57	0.1	12:54	0.1	5:58	8:02	
9	Mon	7:59	4.4	8:15	5.3	1:48	-0.2	1:50	-0.2	5:59	8:00	
10	Tue	8:49	4.7	9:04	5.3	2:38	-0.5	2:46	-0.3	6:00	7:59	
11	Wed	9:40	4.9	9:55	5.2	3:26	-0.6	3:39	-0.4	6:01	7:58	
12	Thu	10:32	5.0	10:47	5.0	4:12	-0.7	4:31	-0.3	6:02	7:56	
13	Fri	11:25	5.0	11:41	4.7	4:58	-0.6	5:22	-0.1	6:03	7:55	
14	Sat			12:20	4.9	5:44	-0.3	6:15	0.1	6:04	7:54	
15	Sun	12:37	4.4	1:16	4.8	6:33	0.0	7:15	0.4	6:05	7:52	
16	Mon	1:34	4.1	2:10	4.6	7:28	0.3	8:20	0.7	6:06	7:51	
17	Tue	2:31	3.8	3:05	4.4	8:30	0.6	9:28	0.8	6:07	7:50	
18	Wed	3:28	3.6	4:01	4.3	9:34	0.8	10:30	0.8	6:08	7:48	
19	Thu	4:29	3.5	5:00	4.3	10:34	0.8	11:25	0.7	6:09	7:47	
20	Fri	5:31	3.5	5:58	4.3	11:28	0.8			6:10	7:45	
21	Sat	6:28	3.7	6:49	4.4	12:13	0.6	12:17	0.7	6:11	7:44	
22	Sun	7:15	3.8	7:32	4.5	12:56	0.5	1:02	0.6	6:12	7:42	
23	Mon	7:57	4.0	8:12	4.5	1:38	0.4	1:46	0.6	6:13	7:41	
24	Tue	8:35	4.1	8:49	4.5	2:17	0.3	2:29	0.5	6:14	7:39	
25	Wed	9:12	4.2	9:24	4.4	2:54	0.2	3:10	0.5	6:15	7:38	
26	Thu	9:47	4.2	9:59	4.3	3:30	0.2	3:49	0.5	6:16	7:36	
27	Fri	10:20	4.2	10:33	4.1	4:03	0.3	4:25	0.6	6:16	7:35	
28	Sat	10:52	4.2	11:08	3.9	4:34	0.4	5:00	0.7	6:17	7:33	
29	Sun	11:25	4.1	11:47	3.7	5:03	0.5	5:36	0.8	6:18	7:32	
30	Mon			12:04	4.1	5:33	0.6	6:16	1.0	6:19	7:30	
31	Tue	12:34	3.5	12:52	4.1	6:08	0.8	7:11	1.1	6:20	7:28	