
































## Long Beach (inside), NY - Jun 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:06	4.2	5:42	4.8	11:17	-0.1			5:25	8:19	
2	Thu	6:10	4.3	6:40	5.1	12:02	0.0	12:10	-0.3	5:25	8:20	
3	Fri	7:09	4.5	7:34	5.3	12:58	-0.3	1:04	-0.4	5:24	8:20	
4	Sat	8:04	4.5	8:25	5.4	1:53	-0.5	1:57	-0.4	5:24	8:21	
5	Sun	8:57	4.6	9:15	5.4	2:48	-0.6	2:51	-0.4	5:24	8:22	
6	Mon	9:50	4.5	10:06	5.2	3:39	-0.6	3:42	-0.3	5:23	8:22	
7	Tue	10:44	4.4	10:57	4.9	4:29	-0.5	4:32	-0.1	5:23	8:23	
8	Wed	11:39	4.3	11:51	4.6	5:16	-0.3	5:20	0.2	5:23	8:24	
9	Thu			12:35	4.1	6:04	-0.1	6:10	0.5	5:23	8:24	
10	Fri	12:44	4.4	1:28	4.1	6:53	0.2	7:04	0.8	5:23	8:25	
11	Sat	1:36	4.1	2:18	4.0	7:46	0.4	8:03	1.0	5:23	8:25	
12	Sun	2:25	3.9	3:06	4.0	8:39	0.5	9:04	1.0	5:23	8:26	
13	Mon	3:13	3.7	3:54	4.0	9:31	0.6	10:02	1.0	5:23	8:26	
14	Tue	4:04	3.6	4:44	4.1	10:19	0.6	10:54	0.9	5:23	8:26	
15	Wed	4:58	3.5	5:35	4.2	11:05	0.6	11:43	0.7	5:23	8:27	
16	Thu	5:52	3.5	6:23	4.3	11:48	0.6			5:23	8:27	
17	Fri	6:42	3.6	7:06	4.5	12:28	0.5	12:31	0.5	5:23	8:28	
18	Sat	7:28	3.7	7:46	4.6	1:13	0.4	1:14	0.5	5:23	8:28	
19	Sun	8:10	3.8	8:24	4.7	1:58	0.2	1:57	0.5	5:23	8:28	
20	Mon	8:50	3.8	9:01	4.7	2:42	0.1	2:40	0.4	5:23	8:28	
21	Tue	9:29	3.8	9:38	4.7	3:25	0.0	3:23	0.4	5:24	8:29	
22	Wed	10:10	3.8	10:17	4.6	4:06	0.0	4:04	0.4	5:24	8:29	
23	Thu	10:53	3.9	11:01	4.6	4:45	0.0	4:45	0.5	5:24	8:29	
24	Fri	11:42	3.9	11:51	4.5	5:25	0.0	5:28	0.5	5:24	8:29	
25	Sat			12:35	4.0	6:07	0.1	6:19	0.6	5:25	8:29	
26	Sun	12:47	4.4	1:29	4.1	6:56	0.1	7:21	0.7	5:25	8:29	
27	Mon	1:43	4.3	2:23	4.3	7:52	0.1	8:32	0.7	5:26	8:29	
28	Tue	2:41	4.2	3:19	4.5	8:53	0.1	9:43	0.5	5:26	8:29	
29	Wed	3:40	4.1	4:18	4.7	9:55	0.1	10:47	0.3	5:26	8:29	
30	Thu	4:45	4.1	5:21	4.8	10:53	0.0	11:47	0.1	5:27	8:29	