

































## Long Beach (inside), NY - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:32	4.3	7:52	5.0	1:20	-0.1	1:22	0.0	5:52	8:09	
2	Tue	8:22	4.4	8:39	5.0	2:10	-0.2	2:13	0.0	5:53	8:08	
3	Wed	9:10	4.4	9:24	4.9	2:58	-0.2	3:02	0.1	5:54	8:07	
4	Thu	9:56	4.4	10:07	4.7	3:42	-0.2	3:48	0.1	5:55	8:06	
5	Fri	10:42	4.3	10:51	4.5	4:23	-0.1	4:31	0.3	5:56	8:05	
6	Sat	11:28	4.2	11:36	4.2	5:01	0.1	5:12	0.5	5:57	8:03	
7	Sun			12:14	4.1	5:38	0.3	5:54	0.7	5:57	8:02	
8	Mon	12:21	4.0	1:00	4.1	6:15	0.5	6:39	0.9	5:58	8:01	
9	Tue	1:08	3.8	1:45	4.0	6:56	0.7	7:31	1.1	5:59	8:00	
10	Wed	1:54	3.6	2:30	4.0	7:44	0.9	8:32	1.1	6:00	7:58	
11	Thu	2:41	3.5	3:16	4.0	8:39	1.0	9:33	1.1	6:01	7:57	
12	Fri	3:32	3.4	4:06	4.0	9:38	1.0	10:31	1.0	6:02	7:56	
13	Sat	4:28	3.4	5:00	4.1	10:33	0.9	11:23	0.8	6:03	7:54	
14	Sun	5:28	3.5	5:55	4.3	11:25	0.8			6:04	7:53	
15	Mon	6:23	3.7	6:44	4.5	12:11	0.5	12:14	0.6	6:05	7:52	
16	Tue	7:12	3.9	7:30	4.8	12:58	0.3	1:02	0.4	6:06	7:50	
17	Wed	7:56	4.2	8:13	4.9	1:44	0.1	1:51	0.2	6:07	7:49	
18	Thu	8:39	4.4	8:56	5.0	2:29	-0.1	2:40	0.1	6:08	7:47	
19	Fri	9:22	4.6	9:41	5.0	3:14	-0.3	3:28	0.0	6:09	7:46	
20	Sat	10:08	4.7	10:28	4.9	3:57	-0.4	4:16	-0.1	6:10	7:44	
21	Sun	10:58	4.8	11:20	4.7	4:40	-0.4	5:04	0.0	6:11	7:43	
22	Mon	11:52	4.8			5:24	-0.3	5:56	0.1	6:12	7:41	
23	Tue	12:17	4.5	12:49	4.7	6:12	-0.1	6:54	0.3	6:13	7:40	
24	Wed	1:16	4.3	1:47	4.7	7:07	0.1	8:01	0.5	6:14	7:38	
25	Thu	2:15	4.2	2:45	4.7	8:11	0.3	9:12	0.5	6:15	7:37	
26	Fri	3:15	4.0	3:45	4.6	9:18	0.4	10:18	0.5	6:16	7:35	
27	Sat	4:17	4.0	4:47	4.6	10:22	0.4	11:17	0.3	6:17	7:34	
28	Sun	5:22	4.0	5:50	4.6	11:21	0.3			6:18	7:32	
29	Mon	6:23	4.2	6:46	4.7	12:11	0.2	12:15	0.3	6:19	7:31	
30	Tue	7:16	4.3	7:34	4.8	1:00	0.1	1:06	0.2	6:20	7:29	
31	Wed	8:03	4.5	8:18	4.8	1:46	0.0	1:54	0.2	6:21	7:28	