

































Long Beach (inside), NY - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:08	3.5	4:39	3.0	10:28	0.3	10:36	0.4	6:28	5:45	
2	Sat	5:06	3.6	5:34	3.2	11:16	0.2	11:24	0.3	6:26	5:46	
3	Sun	5:55	3.8	6:21	3.4			12:00	0.0	6:25	5:47	
4	Mon	6:39	3.9	7:02	3.6	12:09	0.1	12:41	-0.1	6:23	5:48	
5	Tue	7:18	4.0	7:39	3.7	12:52	0.0	1:21	-0.2	6:22	5:50	
6	Wed	7:55	4.0	8:15	3.8	1:34	-0.1	2:00	-0.3	6:20	5:51	
7	Thu	8:30	4.0	8:48	3.8	2:14	-0.1	2:35	-0.3	6:19	5:52	
8	Fri	9:04	3.9	9:20	3.8	2:52	-0.1	3:09	-0.2	6:17	5:53	
9	Sat	9:38	3.8	9:51	3.8	3:28	0.0	3:40	-0.2	6:15	5:54	
10	Sun	11:13	3.6	11:26	3.8	5:02	0.0	5:10	-0.1	7:14	6:55	
11	Mon	11:54	3.5			5:38	0.2	5:42	0.1	7:12	6:56	
12	Tue	12:08	3.8	12:43	3.3	6:20	0.3	6:21	0.2	7:10	6:57	
13	Wed	12:59	3.8	1:40	3.2	7:18	0.4	7:15	0.3	7:09	6:58	
14	Thu	1:57	3.8	2:41	3.2	8:35	0.5	8:31	0.4	7:07	6:59	
15	Fri	3:00	3.9	3:47	3.3	9:51	0.4	9:51	0.3	7:06	7:00	
16	Sat	4:10	4.0	4:58	3.4	10:56	0.1	11:00	0.0	7:04	7:02	
17	Sun	5:23	4.2	6:05	3.8	11:54	-0.2			7:02	7:03	
18	Mon	6:28	4.4	7:04	4.2	12:02	-0.3	12:48	-0.5	7:01	7:04	
19	Tue	7:25	4.7	7:56	4.5	12:59	-0.6	1:39	-0.8	6:59	7:05	
20	Wed	8:17	4.8	8:46	4.8	1:55	-0.8	2:29	-1.0	6:57	7:06	
21	Thu	9:06	4.8	9:35	4.9	2:48	-0.9	3:17	-1.0	6:56	7:07	
22	Fri	9:55	4.7	10:23	4.8	3:39	-0.9	4:03	-0.9	6:54	7:08	
23	Sat	10:44	4.5	11:12	4.7	4:27	-0.8	4:47	-0.7	6:52	7:09	
24	Sun	11:35	4.1			5:14	-0.6	5:30	-0.4	6:51	7:10	
25	Mon	12:03	4.4	12:28	3.8	6:02	-0.3	6:15	0.0	6:49	7:11	
26	Tue	12:55	4.2	1:23	3.5	6:54	0.1	7:05	0.4	6:47	7:12	
27	Wed	1:47	3.9	2:16	3.3	7:53	0.4	8:05	0.7	6:46	7:13	
28	Thu	2:39	3.7	3:10	3.2	8:57	0.6	9:10	0.8	6:44	7:14	
29	Fri	3:32	3.6	4:07	3.1	9:59	0.6	10:13	0.8	6:43	7:15	
30	Sat	4:30	3.5	5:06	3.2	10:53	0.5	11:08	0.7	6:41	7:16	
31	Sun	5:29	3.6	6:03	3.4	11:41	0.4	11:57	0.6	6:39	7:17	