

































Long Beach (inside), NY - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:37	3.9	7:50	5.0	1:31	0.1	1:22	0.2	5:27	8:29	
2	Tue	8:26	4.1	8:37	5.2	2:21	-0.1	2:14	0.0	5:28	8:29	
3	Wed	9:15	4.2	9:26	5.2	3:11	-0.3	3:06	0.0	5:28	8:29	
4	Thu	10:07	4.2	10:17	5.2	4:00	-0.4	3:58	-0.1	5:29	8:28	
5	Fri	11:02	4.3	11:13	5.0	4:48	-0.4	4:50	0.0	5:29	8:28	
6	Sat			12:00	4.4	5:35	-0.4	5:43	0.1	5:30	8:28	
7	Sun	12:11	4.8	12:58	4.4	6:26	-0.3	6:41	0.3	5:30	8:28	
8	Mon	1:09	4.6	1:55	4.5	7:21	-0.1	7:46	0.4	5:31	8:27	
9	Tue	2:06	4.4	2:49	4.5	8:19	0.0	8:54	0.5	5:32	8:27	
10	Wed	3:02	4.2	3:44	4.6	9:18	0.1	9:59	0.5	5:32	8:27	
11	Thu	3:59	4.0	4:40	4.6	10:15	0.2	10:59	0.4	5:33	8:26	
12	Fri	5:00	3.8	5:38	4.6	11:08	0.2	11:53	0.3	5:34	8:26	
13	Sat	6:00	3.8	6:31	4.7	11:58	0.3			5:35	8:25	
14	Sun	6:56	3.8	7:19	4.8	12:44	0.2	12:46	0.3	5:35	8:25	
15	Mon	7:45	3.9	8:04	4.8	1:32	0.2	1:33	0.4	5:36	8:24	
16	Tue	8:30	3.9	8:46	4.7	2:19	0.1	2:19	0.4	5:37	8:23	
17	Wed	9:13	3.9	9:26	4.6	3:03	0.1	3:03	0.5	5:38	8:23	
18	Thu	9:56	3.9	10:07	4.5	3:43	0.1	3:45	0.5	5:39	8:22	
19	Fri	10:39	3.8	10:47	4.3	4:22	0.2	4:25	0.6	5:39	8:22	
20	Sat	11:22	3.8	11:28	4.1	4:58	0.2	5:03	0.8	5:40	8:21	
21	Sun			12:06	3.7	5:32	0.4	5:41	0.9	5:41	8:20	
22	Mon	12:10	4.0	12:49	3.7	6:08	0.5	6:23	1.1	5:42	8:19	
23	Tue	12:54	3.8	1:31	3.8	6:45	0.6	7:12	1.2	5:43	8:18	
24	Wed	1:38	3.7	2:12	3.8	7:28	0.7	8:14	1.2	5:44	8:18	
25	Thu	2:23	3.6	2:54	3.9	8:20	0.8	9:21	1.2	5:45	8:17	
26	Fri	3:13	3.5	3:42	4.1	9:17	0.8	10:23	1.0	5:45	8:16	
27	Sat	4:11	3.5	4:38	4.3	10:15	0.7	11:20	0.7	5:46	8:15	
28	Sun	5:15	3.6	5:39	4.5	11:11	0.5			5:47	8:14	
29	Mon	6:18	3.7	6:36	4.8	12:13	0.4	12:05	0.3	5:48	8:13	
30	Tue	7:14	4.0	7:29	5.1	1:06	0.1	1:00	0.1	5:49	8:12	
31	Wed	8:06	4.2	8:20	5.3	1:58	-0.2	1:55	-0.1	5:50	8:11	