
































## Long Beach (inside), NY - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:01	4.6	5:25	0.3	6:08	0.2	7:24	5:51	
2	Sat	12:36	3.8	12:56	4.3	6:13	0.7	7:02	0.5	7:25	5:50	
3	Sun	1:33	3.6	12:50	4.1	6:08	1.0	7:01	0.7	6:26	4:49	
4	Mon	1:27	3.5	1:43	3.9	7:13	1.2	8:02	0.8	6:28	4:48	
5	Tue	2:20	3.5	2:35	3.8	8:19	1.2	8:57	0.8	6:29	4:47	
6	Wed	3:13	3.6	3:29	3.8	9:18	1.1	9:46	0.6	6:30	4:45	
7	Thu	4:07	3.7	4:23	3.8	10:10	0.9	10:29	0.5	6:31	4:44	
8	Fri	4:57	3.9	5:13	3.9	10:56	0.7	11:09	0.4	6:32	4:43	
9	Sat	5:41	4.1	5:57	4.0	11:40	0.5	11:49	0.2	6:33	4:42	
10	Sun	6:20	4.3	6:38	4.0			12:23	0.4	6:35	4:41	
11	Mon	6:55	4.5	7:16	4.0	12:27	0.2	1:06	0.2	6:36	4:40	
12	Tue	7:29	4.6	7:53	4.0	1:06	0.1	1:48	0.1	6:37	4:39	
13	Wed	8:02	4.6	8:31	3.9	1:45	0.2	2:30	0.1	6:38	4:39	
14	Thu	8:36	4.6	9:11	3.8	2:24	0.2	3:11	0.1	6:39	4:38	
15	Fri	9:14	4.6	9:56	3.7	3:02	0.2	3:52	0.1	6:41	4:37	
16	Sat	9:59	4.5	10:50	3.6	3:42	0.3	4:36	0.2	6:42	4:36	
17	Sun	10:54	4.4	11:51	3.6	4:26	0.4	5:27	0.3	6:43	4:35	
18	Mon	11:57	4.3			5:19	0.6	6:27	0.4	6:44	4:34	
19	Tue	12:52	3.6	1:01	4.2	6:29	0.7	7:35	0.3	6:45	4:34	
20	Wed	1:52	3.8	2:03	4.2	7:47	0.6	8:39	0.2	6:46	4:33	
21	Thu	2:52	4.0	3:06	4.2	8:59	0.4	9:36	0.0	6:47	4:32	
22	Fri	3:53	4.3	4:11	4.2	10:02	0.2	10:29	-0.3	6:49	4:32	
23	Sat	4:53	4.6	5:12	4.3	10:59	-0.1	11:19	-0.4	6:50	4:31	
24	Sun	5:47	4.9	6:07	4.4	11:53	-0.3			6:51	4:31	
25	Mon	6:37	5.1	6:57	4.4	12:08	-0.5	12:46	-0.5	6:52	4:30	
26	Tue	7:24	5.2	7:46	4.3	12:56	-0.5	1:37	-0.5	6:53	4:30	
27	Wed	8:09	5.1	8:34	4.2	1:44	-0.4	2:26	-0.5	6:54	4:29	
28	Thu	8:55	4.9	9:23	4.0	2:31	-0.2	3:12	-0.4	6:55	4:29	
29	Fri	9:42	4.6	10:14	3.7	3:15	0.0	3:56	-0.2	6:56	4:29	
30	Sat	10:30	4.4	11:07	3.5	3:59	0.3	4:40	0.0	6:57	4:28	